



St Benedict's

Catholic College

MDA/CSI

22nd September 2023

Dear Parent/Carer

As part of your child's curriculum experience this year, certain aspects of RSE (Relationships and Sex Education) will be taught in RE, Science and PSHE lessons in all year groups.

Our Relationships and Sex Education policy outlines the principles underpinning our lessons on these topics, and we have also sent out a letter to parents in individual year groups outlining the programme of study for RSE in PSHE. Please find a link to the policy here: [RSE Policy](#)

The programmes of study for RE and PSHE have been designed in accordance with the Curriculum Directory issued by the Bishop's Conference of England and Wales and the PSHE Association and are appropriate for pupils' age and maturity. We have followed closely the guidance given by the Brentwood Diocese in constructing our schemes of work. The teaching of the Roman Catholic Church informs our Sex Education programme in line with the college policy regarding such matters.

Parents have the right to withdraw their child from some Sex Education lessons after a discussion with the Principal. **If you wish to exercise this right, please complete the electronic form here:** [Relationships and Sex Education Form](#)

There is no need to respond to the form if you wish your child to receive Relationships and Sex Education.

Yours faithfully

Mrs M Davis
Assistant Principal - Safeguarding