



St Benedict's Catholic College

LUNCH – MONDAY WEEK B



<u>Main meal</u>	<u>Price</u>	<u>Allergens</u>
Tuna pasta bake, garlic bread and vegetables	£2.45	Wheat/gluten/fish
Cheese and tomato bake, garlic bread and vegetables	£2.45	Wheat/gluten



<u>Meal deal</u>	<u>Price</u>	<u>Allergens</u>
Main meal and muffin	£2.85	Muffin: Gluten/egg/milk
Main meal and fresh fruit	£2.85	

<u>Grab and Go</u>	<u>Price</u>	<u>Allergens</u>
Chicken burger	£1.85	Wheat/gluten/egg/celery
Vegetarian burger	£1.85	Wheat/gluten
Chilli noodles	£1.25	Wheat/egg
Panini (<i>various</i>)	£2.10	Wheat/milk/fish
Pizza slice	£1.40	Wheat/milk
Potato pot	£1.15	





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LUNCH – TUESDAY WEEK B



<u>Main meal</u>	<u>Price</u>	<u>Allergens</u>
Chicken curry, rice and naan	£2.45	Wheat/gluten/milk
Vegetable curry, rice and naan	£2.45	Gluten/milk/eggs

<u>Meal deal</u>	<u>Price</u>	<u>Allergens</u>
Main meal and muffin	£2.85	Muffin: Gluten/egg/milk
Main meal and fresh fruit	£2.85	

<u>Grab and Go</u>	<u>Price</u>	<u>Allergens</u>
Mediterranean chicken wrap	£1.85	Wheat/gluten
Vegetarian wrap	£1.85	Wheat/gluten
Pasta Tuk Tuk	£1.25	Wheat/gluten
Panini (<i>various</i>)	£2.10	Wheat/milk/fish
Pizza slice	£1.40	Wheat/milk
Potato pot	£1.15	





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LUNCH – WEDNESDAY WEEK B



<u>Main meal</u>	<u>Price</u>	<u>Allergens</u>
Sausage, mash and vegetables or beans	£2.45	Milk
Vegetarian sausage, mash and vegetables or beans	£2.45	Milk

<u>Meal deal</u>	<u>Price</u>	<u>Allergens</u>
Main meal and muffin	£2.85	Muffin: Gluten/egg/milk
Main meal and fresh fruit	£2.85	

<u>Grab and Go</u>	<u>Price</u>	<u>Allergens</u>
Cheese burger	£1.85	Wheat/gluten/milk/mustard
Burger	£1.85	Wheat/gluten/milk/mustard
Vegetarian burger	£1.85	Wheat/gluten
Pasta Tuk Tuk	£1.25	Wheat/gluten
Panini (<i>various</i>)	£2.10	Wheat/milk/fish
Pizza slice	£1.40	Wheat/milk
Potato pot	£1.15	





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LUNCH – THURSDAY WEEK B



<u>Main meal</u>	<u>Price</u>	<u>Allergens</u>
Mediterranean chicken, rice and vegetables	£2.45	Wheat/gluten/milk
Mediterranean Quorn fillet, rice and vegetables	£2.45	Gluten/milk/eggs

<u>Meal deal</u>	<u>Price</u>	<u>Allergens</u>
Main meal and muffin	£2.85	Muffin: Gluten/egg/milk
Main meal and fresh fruit	£2.85	

<u>Grab and Go</u>	<u>Price</u>	<u>Allergens</u>
Maple & sweet chilli chicken wrap	£1.85	Wheat/gluten
Vegetarian wrap	£1.85	Wheat/gluten
Chilli noodles	£1.25	Wheat/egg
Panini (<i>various</i>)	£2.10	Wheat/milk/fish
Pizza slice	£1.40	Wheat/milk
Potato pot	£1.15	





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LUNCH – FRIDAY WEEK B



<u>Main meal</u>	<u>Price</u>	<u>Allergens</u>
Fish, chips and beans	£2.45	Fish
Vegetarian nuggets, chips and beans	£2.45	Wheat/gluten

<u>Meal deal</u>	<u>Price</u>	<u>Allergens</u>
Main meal and muffin	£2.85	Muffin: Gluten/egg/milk
Main meal and fresh fruit	£2.85	

<u>Grab and Go</u>	<u>Price</u>	<u>Allergens</u>
Chips	£1.10	Wheat/gluten
Tomato sauce sachet	£0.10	
Fish finger wrap	£1.85	Wheat/fish
Sweet chilli Quorn wrap	£1.85	Wheat
Frittata	£1.15	Egg
Macaroni cheese	£1.25	Wheat/milk
Panini (<i>various</i>)	£2.10	Wheat/milk/fish
Pizza slice	£1.40	Wheat/milk

