



Monday Week 1



Main Meal

Sausage, mash & beans £2.35 Wheat/milk/gluten/soya/lactose

Jacket potato & beans £1.25

add cheese £1.05 Milk

Veggie Option

Linda McCartney Sausage, mash & beans £2.35 Soya/sulphates/wheat/milk

Grab and Go

Chicken burger £1.75 Wheat/gluten/egg/milk

Noodles tuk tuk £1.05 Gluten

Brie & bacon panini £1.65 Milk/wheat/gluten

Cheese & tomato pizza £1.25 Milk/wheat/gluten

Spicy potato wedges £0.75

Tomato & spinach pasta £1.05 Wheat/gluten

Selection of sub rolls £1.65 Allergens detailed on product

Various small filled rolls £0.75 Allergens detailed on product

Soup and bread roll* £1.50 Wheat/gluten

Tomato or Sweet potato & butternut (*from November 23)

Salad bar

Salad box £1.05

Tuna £1.05 Fish/milk/egg

Eggs (x2) £1.05 Egg

Ham £1.05 Sulphates

Cheese pot £1.05 Milk

Drinks

Water £0.50

Milk carton £0.65 Milk
Various flavours

Radnor fizz £0.70

Radnor splash £0.50

Snacks

Granola pot £1.05 Wheat/gluten/milk

Yoghurt £1.00 Milk

Fruit pot £1.50

Yum Yum £0.85 Wheat/milk

Doughnut £0.70 Wheat

Popcorn £1.00

Proper Chips £1.00





Tuesday Week 1



Main Meal

Chinese chicken curry, rice and naan	£2.35	Wheat/gluten
Jacket potato & beans	£1.25	
add cheese	£1.05	Milk

Veggie Option

Vegetable curry and naan	£2.35	Wheat/gluten
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Grab and Go

BBQ drumsticks	£1.75	
Caribbean panini	£1.65	Wheat/gluten/milk
Pepperoni pizza	£1.25	Wheat/gluten/milk
Cornish pasty	£0.75	Gluten/milk
Roast potato pot	£0.75	
Arrabiatta pasta pot	£1.05	Wheat/gluten
Tomato & spinach pasta	£1.05	Wheat/gluten
Selection of sub rolls	£1.65	Allergens detailed on product
Various small filled rolls	£0.75	Allergens detailed on product
Soup and bread roll*	£1.50	Wheat/gluten
*Tomato or Sweet potato & butternut (*from November 23)		

Salad bar

Salad box	£1.05	
Tuna	£1.05	Fish/milk/egg
Eggs (x2)	£1.05	Egg
Ham	£1.05	Sulphates
Cheese pot	£1.05	Milk

Drinks

Water	£0.50	
Milk carton	£0.65	Milk
<i>Various flavours</i>		
Radnor fizz	£0.70	
Radnor splash	£0.50	

Snacks

Granola pot	£1.05	Wheat/gluten/milk
Yoghurt	£1.00	Milk
Fruit pot	£1.50	
Yum Yum	£0.85	Wheat/milk
Doughnut	£0.70	Wheat
Popcorn	£1.00	
Proper Chips	£1.00	





Wednesday Week 1



Main Meal

Mac cheese loaded with Mexican Pork £2.35 Wheat/gluten/milk//soya

Jacket potato & beans £1.25

add cheese £1.05 Milk

Veggie Option

Mac cheese & vegan Cumberland sausage £2.35 Wheat/gluten/milk

Grab and Go

Burger/Cheeseburger	£1.50	Celery/gluten
Pulled pork panini	£1.65	Wheat/gluten/milk
Pepperoni pizza	£1.25	Wheat/gluten/milk
Cornish pasty	£1.55	Wheat/gluten
Potato pots	£0.75	Wheat/gluten
Tomato & spinach pasta	£1.05	Wheat/gluten
Selection of sub rolls	£1.65	Allergens detailed on product
Various small filled rolls	£0.75	Allergens detailed on product
Soup and bread roll*	£1.50	Wheat/gluten
Tomato or Sweet potato & butternut (*from November 23)		

Salad bar

Salad box	£1.05	
Tuna	£1.05	Fish/milk/egg
Eggs (x2)	£1.05	Egg
Ham	£1.05	Sulphates
Cheese pot	£1.05	Milk

Drinks

Water	£0.50	
Milk carton	£0.65	Milk
<i>Various flavours</i>		
Radnor fizz	£0.70	
Radnor splash	£0.50	

Snacks

Granola pot	£1.05	Wheat/gluten/milk
Yoghurt	£1.00	Milk
Fruit pot	£1.50	
Yum Yum	£0.85	Wheat/milk
Doughnut	£0.70	Wheat
Popcorn	£1.00	
Proper Chips	£1.00	





Thursday Week 1



Main Meal

Greek meatballs in sauce, pasta & pitta	£2.35	Wheat/gluten/milk/soya
Jacket potato & beans	£1.25	
add cheese	£1.05	Milk

Veggie Option

Ratatouille spicy bean wrap	£2.35	Gluten/wheat
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Grab and Go

Chicken fajitas	£1.60	Celery/gluten
Bacon & egg panini	£1.65	Wheat/gluten/milk
Pepperoni pizza	£1.25	Wheat/gluten/milk
Paprika potato wedges	£0.75	
Tomato & spinach pasta	£1.05	Wheat/gluten
Cold pesto, spinach & tomato pasta pot	£1.05	Wheat/gluten
Selection of sub rolls	£1.65	Allergens detailed on product
Various small filled roll	£0.75	Allergens detailed on product
Soup and bread roll*	£1.50	Wheat/gluten
Tomato or Sweet potato & butternut (*from November 23)		

Salad bar

Salad box	£1.05	
Tuna	£1.05	Fish/milk/egg
Eggs (x2)	£1.05	Egg
Ham	£1.05	Sulphates
Cheese pot	£1.05	Milk

Drinks

Water	£0.50	
Milk carton	£0.65	Milk
<i>Various flavours</i>		
Radnor fizz	£0.70	
Radnor splash	£0.50	

Snacks

Granola pot	£1.05	Wheat/gluten/milk
Yoghurt	£1.00	Milk
Fruit pot	£1.50	
Yum Yum	£0.85	Wheat/milk
Doughnut	£0.70	Wheat
Popcorn	£1.00	
Proper Chips	£1.00	





Friday Week 1



Main Meal

Fish fillet, chips & beans £2.35 Fish/wheat/gluten/cereal

Jacket potato & beans £1.25

add cheese £1.05 Milk

Veggie Option

Cheese & broccoli quiche & chips £2.35 Milk/eggs/gluten

Grab and Go

Cauliflower cheese tuk tuk £1.05 Gluten/milk

Mozzarella & tomato panini £1.65 Wheat/gluten/milk

Cheese & tomato pizza £1.25 Wheat/gluten/milk

Fishwich burger £1.75 Wheat/gluten/fish

Macaroni bites & salad £1.25 Wheat/gluten

Nachos & salsa £0.65 Wheat/gluten

Nachos & guacamole £1.00 Wheat/gluten

Chips £1.00

Selection of sub rolls £1.65 Allergens detailed on product

Various small filled rolls £0.75 Allergens detailed on product

Soup and bread roll* £1.50 Wheat/gluten

Tomato or Sweet potato & butternut (*from November 23)

Salad bar

Salad box £1.05

Tuna £1.05 Fish/milk/egg

Eggs (x2) £1.05 Egg

Ham £1.05 Sulphates

Cheese pot £1.05 Milk

Drinks

Water £0.50

Milk carton £0.65 Milk
Various flavours

Radnor fizz £0.70

Radnor splash £0.50

Snacks

Granola pot £1.05 Wheat/gluten/milk

Yoghurt £1.00 Milk

Fruit pot £1.50

Yum Yum £0.85 Wheat/milk

Doughnut £0.70 Wheat

Popcorn £1.00

Proper Chips £1.00





Monday Week 2



Main Meal

Chilli con carnie, rice & tortillas £2.35 Wheat/gluten/milk/soya

Jacket potato & beans £1.25

add cheese £1.05 Milk

Veggie Option

Quorn chicken & savoury rice £2.35 Egg

Grab and Go

Chicken goujon wrap £1.75 Gluten

Brie & bacon panini £1.65 Wheat/gluten/milk

Cheese & tomato pizza £1.25 Wheat/gluten/milk

Spicy potato wedges £0.75

Cous cous & veg tuk tuk £1.05 Gluten

Cold pesto, spinach & tomato pasta pot £1.05 Wheat/gluten

Selection of sub rolls £1.65 Allergens detailed on product

Various small filled roll £0.75 Allergens detailed on product

Soup and bread roll* £1.50 Wheat/gluten

Tomato or Sweet potato & butternut (*from November 23)

Salad bar

Salad box £1.05

Tuna £1.05 Fish/milk/egg

Eggs (x2) £1.05 Egg

Ham £1.05 Sulphates

Cheese pot £1.05 Milk

Drinks

Water £0.50

Milk carton £0.65 Milk
Various flavours

Radnor fizz £0.70

Radnor splash £0.50

Snacks

Granola pot £1.05 Wheat/gluten/milk

Yoghurt £1.00 Milk

Fruit pot £1.50

Yum Yum £0.85 Wheat/milk

Doughnut £0.70 Wheat

Popcorn £1.00

Proper Chips £1.00





Tuesday Week 2



Main Meal

Thai chicken & savoury rice	£2.35	Wheat//gluten/milk/soya
Jacket potato & beans	£1.25	
add cheese	£1.05	Milk

Veggie Option

Spicy 5-bean chilli, rice & tortillas	£2.35	Egg
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Grab and Go

Burger/Cheeseburger	£1.75	Gluten
Caribbean beef panini	£1.65	Wheat/gluten/milk
Pepperoni pizza	£1.25	Wheat/gluten/milk
Roast potato pot	£0.75	
Arrabiatta pasta pot	£1.05	Wheat/gluten
Tomato & spinach pasta	£1.05	Wheat/gluten
Selection of sub rolls	£1.65	Allergens detailed on product
Various small filled roll	£0.75	Allergens detailed on product
Soup and bread roll*	£1.50	Wheat/gluten
Tomato or Sweet potato & butternut (*from November 23)		

Salad bar

Salad box	£1.05	
Tuna	£1.05	Fish/milk/egg
Eggs (x2)	£1.05	Egg
Ham	£1.05	Sulphates
Cheese pot	£1.05	Milk

Drinks

Water	£0.50	
Milk carton	£0.65	Milk
Various flavours		
Radnor fizz	£0.70	
Radnor splash	£0.50	

Snacks

Granola pot	£1.05	Wheat/ gluten/milk
Yoghurt	£1.00	Milk
Fruit pot	£1.50	
Yum Yum	£0.85	Wheat/milk
Doughnut	£0.70	Wheat
Popcorn	£1.00	
Proper Chips	£1.00	





Wednesday Week 2



Main Meal

Mini toads, mash, veg & gravy	£2.35	Gluten/milk
Jacket potato & beans	£1.25	
add cheese	£1.05	Allergens detailed or product

Veggie Option

Vegetarian mini toads, mash, veg & gravy	£2.35	Gluten/milk
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Grab and Go

Chicken goujon wraps	£1.75	Wheat/gluten
Pulled pork panini	£1.65	Wheat/gluten/milk
Pepperoni pizza	£1.25	Wheat/gluten/milk
Potato pots	£0.75	
Steak Slice	£1.55	Wheat/gluten
Tomato & spinach pasta	£1.05	Wheat/gluten
Selection of sub rolls	£1.65	Allergens detailed on product
Various small filled rolls	£0.75	Allergens detailed on product
Soup and bread roll*	£1.50	Wheat/gluten
Tomato or Sweet potato & butternut (*from November 23)		

Salad bar

Salad box	£1.05	
Tuna	£1.05	Fish/milk/egg
Eggs (x2)	£1.05	Egg
Ham	£1.05	Sulphates
Cheese pot	£1.05	Milk

Drinks

Water	£0.50	
Milk carton	£0.65	Milk
Various flavours		
Radnor fizz	£0.70	
Radnor splash	£0.50	

Snacks

Granola pot	£1.05	Wheat/gluten/milk
Yoghurt	£1.00	Milk
Fruit pot	£1.50	
Yum Yum	£0.85	Wheat/milk
Doughnut	£0.70	Wheat
Popcorn	£1.00	
Proper Chips	£1.00	





Thursday Week 2



Main Meal

Beef chow mein & prawn crackers	£2.35	Wheat/gluten/milk/soya
Jacket potato & beans	£1.25	
add cheese	£1.05	Milk

Veggie Option

Vegetable noodles and crackers	£2.35	Gluten
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Grab and Go

Spicy chicken fajita	£1.60	Wheat/gluten
Bacon & egg panini	£1.65	Wheat/gluten/milk
Pepperoni pizza	£1.25	Wheat/gluten/milk
Paprika spicy wedges	£0.75	
Tomato & spinach pasta	£1.05	Wheat/gluten
Cold pesto, spinach & tomato pasta pot	£1.05	Wheat/gluten
Selection of sub rolls	£1.65	Allergens detailed on product
Small filled roll	£0.75	Allergens detailed on product
Soup and bread roll*	£1.50	Wheat/gluten
Tomato or Sweet potato & butternut (*from November 23)		

Salad bar

Salad box	£1.05	
Tuna	£1.05	Fish/milk/egg
Eggs (x2)	£1.05	Egg
Ham	£1.05	Sulphates
Cheese pot	£1.05	Milk

Drinks

Water	£0.50	
Milk carton	£0.65	Milk
Various flavours		
Radnor fizz	£0.70	
Radnor splash	£0.50	

Snacks

Granola pot	£1.05	Wheat/gluten/milk
Yoghurt	£1.00	Milk
Fruit pot	£1.50	
Yum Yum	£0.85	Wheat/milk
Doughnut	£0.70	Wheat
Popcorn	£1.00	
Proper Chips	£1.00	





Friday Week 2



Main Meal

Scampi popcorn, chips and beans	£2.35	Wheat/gluten/fish
Jacket potato & beans	£1.25	
add cheese	£1.05	Milk

Veggie Option

Vegetable burger and chips	£2.35	Gluten
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Grab and Go

Mac cheese tuk tuk	£1.05	Wheat/gluten/milk
Mozzarella & tomato panini	£1.65	Wheat/gluten/milk
Cheese & tomato pizza	£1.25	Wheat/gluten/milk
Cheese & ham toastie	£1.05	Wheat/gluten/milk
Cheese bites & salad	£1.65	Milk
Nachos & salsa	£0.65	
Nachos & guacamole	£1.00	
Chips	£1.00	
Selection of sub rolls	£1.65	Allergens detailed on product
Small filled roll	£0.75	Allergens detailed on product
Soup and bread roll*	£1.50	Wheat/gluten
Tomato or Sweet potato & butternut		(*from November 23)

Salad bar

Salad box	£1.05	
Tuna	£1.05	Fish/milk/egg
Eggs (x2)	£1.05	Egg
Ham	£1.05	Sulphates
Cheese pot	£1.05	Milk
<u>Drinks</u>		
Water	£0.50	
Milk carton	£0.65	Milk
Various flavours		
Radnor fizz	£0.70	
Radnor splash	£0.50	

Snacks

Granola pot	£1.05	Wheat/gluten/milk
Yoghurt	£1.00	Milk
Fruit pot	£1.50	
Yum Yum	£0.85	Wheat/milk
Doughnut	£0.70	Wheat
Popcorn	£1.00	
Proper Chips	£1.00	

