

Monday Week 1



Main Meal

Sausage, mash & beans £2.35 Wheat/milk/gluten/soya/lactose Jacket potato & beans £1.25 add cheese £1.05 Milk

Veggie Option

Linda McCartney Sausage, £2.35 Soya/sulphates/wheat/milk mash & beans

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Tomato or Sweet potato &

butternut (*from November 23)

Wheat/gluten/egg/ £1.75 Chicken burger Noodles tuk tuk £1.05 Gluten **Brie & bacon panini** £1.65 Milk/wheat/gluten Cheese & tomato pizza £1.25 Milk/wheat/gluten Spicy potato wedges £0.75 Tomato & spinach pasta £1.05 Wheat/gluten Allergens detailed Selection of sub rolls £1.65 on product Allergens detailed Various small filled rolls £0.75 on product Soup and bread roll* £1.50 Wheat/gluten

Salad bar

Salad box £1.05 Fish/milk/ £1.05 Tuna eaa Eggs (x2) £1.05 Egg Ham £1.05 Sulphates Cheese pot £1.05 Milk **Drinks** Water £0.50 Milk carton £0.65 Milk Various flavours Radnor fizz £0.70

Radnor splash £0.50

Snacks

Wheat/ £1.05 **Granola** pot gluten/milk **Yoghurt** £1.00 Milk Fruit pot £1.50 Yum Yum £0.85 Wheat/milk **Doughnut** £0.70 Wheat **Popcorn** £1.00 Proper Chips £1.00



Tomato or Sweet potato & butternut (*from November 23)

Tuesday Week 1



Main Meal

Chinese chicken curry, rice and naan £2.35 Wheat/gluten Jacket potato & beans £1.25 add cheese £1.05 Milk

Veggie Option

£1.50 Wheat/gluten

Vegetable curry and naan £2.35 Wheat/gluten

Grab and Go		Salad bar		<u>Snacks</u>		
BBQ drumsticks	£1.75	Salad box	£1.05	Granola pot	£1.05	Wheat/ gluten/milk
Caribbean panini	£1.65 Wheat/gluten/milk	Tuna	£1.05 Fish/milk/ egg	Yoghurt	£1.00	Milk
Pepperoni pizza	£1.25 Wheat/gluten/milk	Eggs (x2)	£1.05 Egg	Fruit pot	£1.50	
Cornish pasty	£0.75 Gluten/milk	Ham	£1.05 Sulphates	Yum Yum	£0.85	Wheat/milk
Roast potato pot	£0.75	Cheese pot	£1.05 Milk	Doughnut	£0.70	Wheat
Arrabiatta pasta pot	£1.05 Wheat/gluten	Drinks		Popcorn	£1.00	
Tomato & spinach pasta	£1.05 Wheat/gluten	Water	£0.50	Proper Chips	£1.00	
Selection of sub rolls	£1.65 Allergens detailed on product	Milk carton Various flavours	£0.65 Milk			
Various small filled rolls	£0.75 Allergens detailed on product	Radnor fizz	£0.70		-	



Tomato or Sweet potato &

butternut (*from November 23)

Wednesday Week 1



Main Meal

Mac cheese loaded with Mexican Pork£2.35Wheat/gluten/milk//soyaJacket potato & beans£1.25add cheese£1.05

Veggie Option

£1.50 Wheat/gluten

Mac cheese & vegan Cumberland £2.35 Wheat/gluten/milk sausage

Grab and Go			Salad bar		Snacks		
Burger/Cheeseburger	£1.50	Celery/gluten	Salad box	£1.05	Granola pot	£1.05	Wheat/ gluten/milk
Pulled pork panini	£1.65	Wheat/gluten/milk	Tuna	£1.05 Fish/milk /egg	Yoghurt	£1.00	Milk
Pepperoni pizza	£1.25	Wheat/gluten/milk	Eggs (x2)	£1.05 Egg	Fruit pot	£1.50	
Cornish pasty	£1.55	Wheat/gluten	Ham	£1.05 Sulphates	Yum Yum	£0.85	Wheat/milk
Potato pots	£0.75	Wheat/gluten	Cheese pot	£1.05 Milk	Doughnut	£0.70	Wheat
Tomato & spinach pasta	£1.05	Wheat/gluten	<u>Drinks</u>		Popcorn	£1.00	
Selection of sub rolls	£1.65	Allergens detailed on product	Water	£0.50	Proper Chips	£1.00	
Various small filled rolls	£0.75	Allergens detailed on product	Milk carton Various flavours	£0.65 Milk			

Radnor fizz

Radnor splash £0.50

£0.70



Tomato or Sweet potato & **butternut** (*from November 23)

Thursday Week 1



Main Meal

Greek meatballs in sauce, pasta & pitta £2 Jacket potato & beans £1.25 add cheese

Veggie Option

Ratatouille spicy bean wrap

on product

£1.50 Wheat/gluten

£1.05 Milk

£2.35 Gluten/wheat

Grab and Go			Salad bar			Snacks		
Chicken fajitas	£1.60	Celery/gluten	Salad box	£1.05		Granola pot	£1.05	Wheat/ gluten/milk
Bacon & egg panini	£1.65	Wheat/gluten/milk	Tuna	£1.05	Fish/milk/ egg	Yoghurt	£1.00	Milk
Pepperoni pizza	£1.25	Wheat/gluten/milk	Eggs (x2)	£1.05		Fruit pot	£1.50	
Paprika potato wedges	£0.75		Ham	£1.05	Sulphates	Yum Yum	£0.85	Wheat/milk
Tomato & spinach pasta	£1.05	Wheat/gluten	Cheese pot	£1.05	Milk	Doughnut	£0.70	Wheat
Cold pesto, spinach &	£1.05	Wheat/gluten	<u>Drinks</u>			Popcorn	£1.00	
tomato pasta pot	21.00		Water	£0.50		Proper Chips	£1.00	
Selection of sub rolls	£1.65	Allergens detailed on product	Milk carton Various flavours	£0.65	Milk			
Various small filled roll	£0.75	Allergens detailed	Radnor fizz	£0.70				-



Friday Week 1



Main Meal

Fish fillet, chips & beans £2.35 Fish/wheat/gluten/cereal **Jacket potato & beans** £1.25 add cheese £1.05 Milk

Veggie Option

Cheese & broccoli quiche & chips £2.35

Gra	b a	nd	Go

butternut (*from November 23)

Cauliflower cheese tuk tuk £1.05 Gluten/milk Mozzarella & tomato panini £1.65 Wheat/gluten/milk Cheese & tomato pizza £1.25 Wheat/gluten/milk Fishwich burger £1.75 Wheat/gluten/fish Macaroni bites & salad £1.25 Wheat/gluten Nachos & salsa £0.65 Wheat/gluten Nachos & guacamole £1.00 Wheat/gluten Chips £1.00 Allergens detailed £1.65 Selection of sub rolls on product Allergens detailed Various small filled rolls £0.75 on product Soup and bread roll* £1.50 Wheat/gluten **Tomato or Sweet potato &**

Salad bar

Salad box £1.05 Fish/milk/ £1.05 Tuna egg £1.05 Egg Eggs (x2) £1.05 Sulphates Ham Cheese pot £1.05 Milk **Drinks** £0.50 Water Milk carton £0.65 Milk

£0.70

Milk/eggs/gluten

Various flavours Radnor fizz

Radnor splash £0.50

Snacks

Wheat/ **Granola** pot £1.05 gluten/milk **Yoghurt** £1.00 Milk Fruit pot £1.50 Yum Yum £0.85 Wheat/milk Doughnut £0.70 Wheat **Popcorn** £1.00 **Proper Chips £1.00**



Monday Week 2



Main Meal

Chilli con carnie, rice & tortillas £2.35 Wheat/gluten/milk/soya Jacket potato & beans £1.25 add cheese £1.05 Milk

Veggie Option

£2.35 Quorn chicken & savoury rice Egg

Gra	b a	nd	Go

Tomato or Sweet potato & butternut (*from November 23)

Salad bar Chicken goujon wrap £1.75 Gluten Salad box £1.05 **Brie & bacon panini** Tuna £1.05 **Yoghurt** £1.65 Wheat/gluten/milk Fruit pot Cheese & tomato pizza £1.25 Wheat/gluten/milk Eggs (x2) £1.05 Egg Spicy potato wedges £1.05 Sulphates £0.75 Ham Cous cous & veg tuk tuk £1.05 Gluten Cheese pot £1.05 Milk Cold pesto, spinach & **Drinks Popcorn** £1.05 Wheat/gluten Water £0.50 tomato pasta pot Milk carton Allergens detailed £1.65 Selection of sub rolls £0.65 Milk on product Various flavours Allergens detailed Various small filled roll £0.75 Radnor fizz £0.70 on product Soup and bread roll* £1.50 Radnor splash £0.50 Wheat/gluten

Snacks

Wheat/ £1.05 **Granola pot** aluten/milk £1.00 Milk £1.50 Yum Yum £0.85 Wheat/milk Doughnut £0.70 Wheat £1.00 **Proper Chips £1.00**



Tomato or Sweet potato &

butternut (*from November 23)

Tuesday Week 2



Main Meal

Thai chicken & savoury rice	£2.35	Wheat//gluten/milk/soya
Jacket potato & beans	£1.25	
add cheese	£1.05	Milk

Veggie Option

Spicy 5-bean chilli, rice & tortillas £2.35 Egg

Grab and Go			Salad bar			<u>Snacks</u>		
Burger/Cheeseburger	£1.75	Gluten	Salad box	£1.05		Granola pot	£1.05	Wheat/ gluten/milk
Caribbean beef panini	£1.65	Wheat/gluten/milk	Tuna	£1.05	Fish/milk/ egg	Yoghurt	£1.00	Milk
Pepperoni pizza	£1.25	Wheat/gluten/milk	Eggs (x2)	£1.05	Egg	Fruit pot	£1.50	
Roast potato pot	£0.75		Ham	£1.05	Sulphates	Yum Yum	£0.85	Wheat/milk
Arrabiatta pasta pot	£1.05	Wheat/gluten	Cheese pot	£1.05	Milk	Doughnut	£0.70	Wheat
Tomato & spinach past	£1.05	Wheat/gluten	Drinks			Popcorn	£1.00	
Selection of sub rolls	£1.65	Allergens detailed on product	Water	£0.50		Proper Chips	£1.00	
Various small filled roll	£0.75	Allergens detailed on product	Milk carton Various flavours	£0.65	Milk			
Soup and bread roll*	£1.50	Wheat/gluten	Radnor fizz	£0.70				



Grab and Go

Wednesday Week 2



Main Meal

Mini toads, mash, veg & gravy £2.35 Gluten/milk Jacket potato & beans £1.25 Allergens detailed or add cheese £1.05 product

Colod box

Various flavours

Radnor fizz

Radnor splash £0.50

£2,35

£0.70

Veggie Option

£0.75

£1.65

£1.75 Wheat/gluten

£1.55 Wheat/gluten

£1.50 Wheat/gluten

£1.65 Wheat/gluten/milk

£1.25 Wheat/gluten/milk

Allergens detailed

Allergens detailed

on product

on product

Vegetarian mini toads, mash, veg & gravy

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Salau par		Snacks		
Salad box	£1.05	Granola pot	£1.05	Wheat/ gluten/milk
Tuna	£1.05 Fish/milk/ egg	Yoghurt	£1.00	Milk
Eggs (x2)	£1.05 Egg	Fruit pot	£1.50	
Ham	£1.05 Sulphates	Yum Yum	£0.85	Wheat/milk
Cheese pot	£1.05 Milk	Doughnut	£0.70	Wheat
<u>Drinks</u>		Popcorn	£1.00	
Water	£0.50	Proper Chips	£1.00	
Milk carton	£0.65 Milk			

Gluten/milk

Chicken goujon wraps Pulled pork panini Pepperoni pizza Potato pots Steak Slice Tomato & spinach pasta £1.05 Wheat/gluten Selection of sub rolls Various small filled rolls £0.75 Soup and bread roll* **Tomato or Sweet potato & butternut** (*from November 23)



Tomato or Sweet potato & butternut (*from November 23)

Thursday Week 2



Main Meal

Beef chow mein & prawn crackers £2.35 Wheat/gluten/milk/soya Jacket potato & beans £1.25 add cheese £1.05 Milk

Veggie Option

Vegetable noodles and crackers

£1.50 Wheat/gluten

Gluten

£2.35

Grab and Go			Salad bar		<u>Snacks</u>		
Spicy chicken fajita	£1.60	Wheat/gluten	Salad box	£1.05	Granola pot	£1.05	Wheat/ gluten/milk
Bacon & egg panini	£1.65	Wheat/gluten/milk	Tuna	£1.05 Fish/milk/	Yoghurt	£1.00	Milk
Pepperoni pizza	£1.25	Wheat/gluten/milk	Eggs (x2)	£1.05 Egg	Fruit pot	£1.50	
Paprika spicy wedges	£0.75		Ham	£1.05 Sulphates	Yum Yum	£0.85	Wheat/milk
Tomato & spinach pasta	£1.05	Wheat/gluten	Cheese pot	£1.05 Milk	Doughnut	£0.70	Wheat
Cold pesto, spinach &	£1.05	Wheat/gluten	<u>Drinks</u>		Popcorn	£1.00	
tomato pasta pot	21.00	vincavgiateri	Water	£0.50	Proper Chips	£1.00	
Selection of sub rolls	£1.65	Allergens detailed on product	Milk carton Various flavours	£0.65 Milk			
Small filled roll	£0.75	Allergens detailed on product	Radnor fizz	£0.70			



Friday Week 2



Main Meal

Scampi popcorn, chips and beans £2.35 Wheat/gluten/fish Jacket potato & beans £1.25 add cheese £1.05 Milk

Veggie Option Vegetable burger and chips

£2.35 Gluten

Grab and Go

butternut (*from November 23)

Mac cheese tuk tuk	£1.05	Wheat/gluten/mil
Mozzarella & tomato panini	£1.65	Wheat/gluten/mil
Cheese & tomato pizza	£1.25	Wheat/gluten/mil
Cheese & ham toastie	£1.05	Wheat/gluten/mil
Cheese bites & salad	£1.65	Milk
Nachos & salsa	£0.65	
Nachos & guacamole	£1.00	
Chips	£1.00	
Selection of sub rolls	£1.65	Allergens detaile on product
Small filled roll	£0.75	Allergens detaile on product
Soup and bread roll*	£1.50	Wheat/gluten
Tomato or Sweet potato &		

Salad bar

Salad box	£1.05	
Tuna	£1.05	Fish/milk/
Eggs (x2)	£1.05	Egg
Ham	£1.05	Sulphates
Cheese pot	£1.05	Milk
Drinks		
Water	£0.50	
Milk carton Various flavours	£0.65	Milk
Radnor fizz	£0.70	

Radnor splash £0.50

Snacks

Granola pot	£1.05	Wheat/ gluten/milk
Yoghurt	£1.00	Milk
Fruit pot	£1.50	
Yum Yum	£0.85	Wheat/milk
Doughnut	£0.70	Wheat
Popcorn	£1.00	
Proper Chips	£1.00	