Monday Week 1



Wheat/

<u>Iviain ivieai</u>		
Sausage, mash & beans	£2.35	Wheat/milk/gluten/soya/lactose
Jacket potato & beans	£1.00	
add cheese	£1.05	Milk
Veggie Option		
Veggie sausage, mash & beans	£2.35	Soya/sulphates/wheat/milk

Grab and Go

Chicken wrap
Pasta tuk tuk
Panini (various)
Pizza round
Savoury bake
Spicy potato wedges
Tomato & spinach pasta
Sub roll (various)
Small filled roll (various)

£1.85	Wheat/gluten/egg/ milk
£1.05	Gluten
£2.00	Milk/wheat/gluten
£1.05	Milk/wheat/gluten
£1.95	
£1.15	
a £1.05	Wheat/gluten
£2.00	Allergens detailed on product
s) £1.00	Allergens detailed on product

NA -in

Salad bai Salad box Tuna Eggs (x2) Ham Cheese pot **Drinks** Water **Milk carton** Various flavours **Radnor fizz Radnor spl Juice carto**

<u>r</u>		al and
-	£1.05	
	£1.05	Fish/milk/ egg
	£1.05	Egg
	£1.05	Sulphates
t	£1.05	Milk
-	1.70	
	£0.50	
	£0.50 £0.65	Milk
		Milk
zash	£0.65	Milk
ash	£0.65 £0.70	Milk

Chao	100
Snac	KS

Gran

Granola pot	£1.05	gluten/milk
Yoghurt	£0.90	Milk
Fruit pot	£1.25	
Yum Yum	£1.00	Wheat/milk
Doughnut	£0.90	Wheat
Popcorn	£1.00	
Proper Chips	£1.20	
Jelly pot	£0.60	
Angel delight	£1.05	
Flapjack	£0.85	
Cookie	£0.65	

Tuesday Week 1



Main Meal		
Chicken curry, rice and naan	£2.35	Wheat/gluten
Jacket potato & beans	£1.00	
add cheese	£1.05	Milk
Veggie Option		
Vegetable curry and naan	£2.35	Wheat/gluten

Grab and Go		Salad bar		Snacks		
Chicken drumsticks	£1.65	Salad box	£1.05	Granola pot	£1.05	Wheat/ gluten/milk
Panini (various)	£2.00 Wheat/gluten/milk	Tuna	£1.05 Fish/milk/ egg	Yoghurt	£0.90	Milk
Pizza slice	£1.40 Wheat/gluten/milk	Eggs (x2)	£1.05 Egg	Fruit pot	£1.25	
Savoury bake	£1.95 Gluten/milk	Ham	£1.05 Sulphates	Yum Yum	£1.00	Wheat/milk
Potato pot	£1.15	Cheese pot	£1.05 Milk	Doughnut	£0.90	Wheat
Arrabiatta pasta pot	£1.05 Wheat/gluten	Drinks		Popcorn	£1.00	
Tomato & spinach pasta	£1.05 Wheat/gluten	Water	£0.50	Proper Chips	£1.20	
Sub roll (various)	£2.00 Allergens detailed on product	Milk carton Various flavours	£0.65 Milk	Jelly pot	£0.60	
Small filled roll (various)	£1.00 Allergens detailed on product	Radnor fizz	£0.70	Angel delight	£1.05	-
		Radnor splash	£0.70	Flapjack	£0.85	
		Juice carton	£0.60	Cookie	£0.65	

Wednesday Week 1



Wheat/

Main Meal		
Moroccan chicken and cous cous	£2.35	Wheat
Jacket potato & beans	£1.00	
add cheese	£1.05	Milk
Veggie Option		
Mac cheese	£2.35	Wheat/gluten/milk

Grab and Go

Burger/Cheeseburger £1.85 Celery/gluten/ Panini (various) £2.00 Wheat/gluten/ **Pizza slice** £1.40 Wheat/gluten/ Savoury bake £1.95 Wheat/gluten **Potato pot** £1.15 Wheat/gluten Tomato & spinach pasta £1.05 Wheat/gluten Sub roll (various) £2.00

Allergens deta Small filled roll (various) £1.00 on product

	Salad ba
/egg	Salad box
/milk	Tuna
/milk	Eggs (x2)
	Ham
	Cheese po
	Drinks
ailed	Water
ailed	Milk carto
	Various flavou
	Radnor fiz
-	Radnor sp
-	Juice cart

Allergens deta

on product

ar blash Juice carton

£1.05 Fish/milk £1.05 /eaa £1.05 Egg £1.05 Sulphates £1.05 Milk £0.50 £0.65 Milk £0.70 £0.70 £0.60

Snacks

£1.05 **Granola pot** gluten/milk Yoghurt £0.90 Milk Fruit pot £1.25 Yum Yum £1.00 Wheat/milk Doughnut £0.90 Wheat Popcorn £1.00 Proper Chips £1.20 **Jelly pot** £0.60 Angel delight £1.05 Flapjack £0.85 Cookie £0.65

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Jacket add	the second se		ista & pitta	£2.35 £1.00 £1.05	Wheat/gluten/ Milk	milk/soya	
and the second se	uille spicy l			£2.35	Gluten/wheat		
Grab and Go			Salad bar			Snacks	
Chicken fajita	£1.85 Celery	//gluten	Salad box	£1.05		Granola pot	£
Panini (various)	£2.00 Wheat	t/gluten/milk	Tuna	£1.05	Fish/milk/ egg	Yoghurt	£
Pizza slice	£1.40 Wheat	t/gluten/milk	Eggs (x2)	£1.05		Fruit pot	£
Savoury bake	£1.95 Wheat	t/gluten	Ham	£1.05	Sulphates	Yum Yum	£
Potato pot	£1.15		Cheese pot	£1.05	Milk	Doughnut	£
Tomato & spinach pasta	£1.05 Wheat	t/gluten	Drinks			Popcorn	£
Cold pesto, spinach &	£1.05 Wheat	t/gluten	Water	£0.50		Proper Chips	£
tomato pasta pot			Milk carton Various flavours	£0.65	Milk	Jelly pot	£
Sub roll (various)	£2.00 Allerge on pro	ens detailed	Radnor fizz	£0.70		Angel delight	£
	the second	ens detailed		1 00 70	the second s		~

Small filled roll (various) £1.00 Allergens detailed on product

Radnor splash Juice carton

Flapjack £0.70 Cookie £0.60

Wheat/ £1.05 gluten/milk £0.90 Milk £1.25 £1.00 Wheat/milk £0.90 Wheat £1.00 £1.20 £0.60 £1.05 £0.85 £0.65

Friday Week 1



Fish fi Jacket ado Vegg	<u>Meal</u> llet, chips & beans t potato & beans I cheese <u>ie Option</u> e & broccoli quiche	£2.35 £1.00 £1.05 & chips £2.35	Fish/wheat/gluten/c Milk Milk/eggs/gluten	ereal	ORA ET L	ABORA
Grab and Go		Salad bar		Snacks		
Cauliflower cheese tuk tuk	£1.05 Gluten/milk	Salad box	£1.05	Granola pot	£1.05	Wheat/ gluten/milk
Panini (various)	£2.00 Wheat/gluten/milk	Tuna	£1.05 Fish/milk/ egg	Yoghurt	£0.90	Milk
Pizza round	£1.05 Wheat/gluten/milk	Eggs (x2)	£1.05 Egg	Fruit pot	£1.25	
Fishwich burger	£1.85 Wheat/gluten/fish	Ham	£1.05 Sulphates	Yum Yum	£1.00	Wheat/milk
Macaroni bites & salad	£1.50 Wheat/gluten	Cheese pot	£1.05 Milk	Doughnut	£0.90	Wheat
Nachos & guacamole	£1.30 Wheat/gluten	Drinks		Popcorn	£1.00	
Chips	£1.00	Water	£0.50	Proper Chips	£1.20	
Sub roll (various)	£2.00 Allergens detailed on product	Milk carton Various flavours	£0.65 Milk	Jelly pot	£0.60	
Small filled roll (various)	£1.00 Allergens detailed on product	Radnor fizz	£0.70	Angel delight	£1.05	
		Radnor splash	£0.70	Flapjack	£0.85	
	and the second second	Juice carton	£0.60	Cookie	£0.65	

Monday Week 2



Main Meal		-
Chilli con carne, rice & tortillas	£2.35	
Jacket potato & beans	£1.00	
add cheese	£1.05	Milk
Veggie Option		
Quorn chicken & savoury rice	£2.35	Egg

Grab and Go			Salad bar		Snacks		
Chicken goujon wrap	£1.85 Gluten	Start.	Salad box	£1.05	Granola pot	£1.05	Wheat/ gluten/milk
Panini (various)	£2.00 Wheat/glut	ten/milk	Tuna	£1.05 Fish/milk/ egg	Yoghurt	£0.90	Milk
Pizza round	£1.05 Wheat/glut	ten/milk	Eggs (x2)	£1.05 Egg	Fruit pot	£1.25	
Savoury bake	£1.95 Wheat/glut	ten	Ham	£1.05 Sulphates	Yum Yum	£1.00	Wheat/milk
Potato pot	£1.15		Cheese pot	£1.05 Milk	Doughnut	£0.90	Wheat
Cold pesto, spinach &	£1.05 Wheat/glut	ton	Drinks		Popcorn	£1.00	
tomato pasta pot	LI.UJ Wheatylut		Water	£0.50	Proper Chips	£1.20	
Sub roll (various)	£2.00 Allergens on product		Milk carton Various flavours	£0.65 Milk	Jelly pot	£0.60	
Small filled roll (various)	£1.00 Allergens on product		Radnor fizz	£0.70	Angel delight	£1.05	-
		and the second division of the second divisio	Radnor splash	£0.70	Flapjack	£0.85	
			Juice carton	£0.60	Cookie	£0.65	

Tuesday Week 2



£2.35	
£1.00	
£1.05	Mil
£2.35	
	£1.00 £1.05

Grab and Go			Salad bar			Snacks		
Burger/Cheeseburger	£1.85	Gluten/egg	Salad box	£1.05		Granola pot	£1.05	Wheat/ gluten/milk
Panini (various)	£2.00	Wheat/gluten/milk	Tuna	£1.05	Fish/milk/ egg	Yoghurt	£0.90	Milk
Pizza slice	£1.40	Wheat/gluten/milk	Eggs (x2)	£1.05	Egg	Fruit pot	£1.25	
Savoury bake	£1.95	Wheat/gluten	Ham	£1.05	Sulphates	Yum Yum	£1.00	Wheat/milk
Potato pot	£1.15		Cheese pot	£1.05	Milk	Doughnut	£0.90	Wheat
Arrabiatta pasta pot	£1.05	Wheat/gluten	Drinks			Popcorn	£1.00	
Tomato & spinach pasta	£1.05	Wheat/gluten	Water	£0.50		Proper Chips	£1.20	
Sub roll (various)	£2.00	Allergens detailed on product	Milk carton Various flavours	£0.65	Milk	Jelly pot	£0.60	
Small filled roll (various)	£1.00	Allergens detailed on product	Radnor fizz	£0.70		Angel delight	£1.05	-
		Carlo - Carlo	Radnor splash	£0.70		Flapjack	£0.85	
			Juice carton	£0.60		Cookie	£0.65	

Wednesday Week 2



Main Meal		
Toad in the hole, mash, veg & gravy	£2.35	Gluten/milk/egg
Jacket potato & beans	£1.00	
add cheese	£1.05	Allergens detailed on product
Veggie Option		
Vegetarian toad in the hole, mash, veg & gravy	£2.35	Gluten/milk/egg

Gral	b and	Go

Chicken goujon wrap£1.85Wheat/glutenPanini (various)£2.00Wheat/glutenPizza slice£1.40Wheat/glutenSavoury bake£1.95Wheat/glutenPotato pot£1.15Wheat/glutenTomato & spinach pasta£1.05Wheat/glutenSub roll (various)£2.00Allergens deta
on productSmall filled roll (various)£1.00Allergens deta
on product

£1.85Wheat/glutenSalad bo£2.00Wheat/gluten/milkTuna£1.40Wheat/gluten/milkEggs (x2£1.95Wheat/glutenHam£1.15Wheat/gluten£1.05Wheat/gluten£1.05Wheat/gluten£1.05Allergens detailed
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on product£1.00Allergens detailed
on product£1.00Allergens detailed
on product£1.00Allergens detailed
on product

Salad barSalad box£1.05Tuna£1.05Eggs (x2)£1.05Ham£1.05Cheese pot£1.05Drinks£1.05Water£0.50Milk carton
Various flavours£0.65Radnor fizz£0.70Radnor splash£0.70Juice carton£0.60

 £1.05
 Fish/milk/ egg

 £1.05
 Figh/milk/ egg

 £1.05
 Egg

 £1.05
 Sulphates

 £1.05
 Milk

 £0.50
 Milk

 £0.70
 Milk

 £0.70
 Logo

 £0.60
 Milk

 Snacks

Wheat/ £1.05 **Granola pot** gluten/milk Yoghurt £0.90 Milk Fruit pot £1.25 Yum Yum £1.00 Wheat/milk Doughnut £0.90 Wheat Popcorn £1.00 Proper Chips £1.20 £0.60 **Jelly pot** Angel delight £1.05 Flapjack £0.85 Cookie £0.65

Thursday Week 2



Mai	n Meal				LORA ET L	ABORA
Swee	et & sour chicken, noo	odles & crackers	£2.35 Wheat/egg			
Jack	et potato & beans		£1.00		12.2	
ac	dd cheese		£1.05 Milk			
Veg	gie Option					
the second se	et & sour veg, noodle	s & crackers	£2.35 Wheat/egg			
Grab and Go		Salad bar		Snacks		
Spicy chicken fajita	£1.85 Wheat/gluten	Salad box	£1.05	Granola pot	£1.05	Wheat/ gluten/milk
Panini (various)	£2.00 Wheat/gluten/milk	Tuna	£1.05 Fish/milk/ egg	Yoghurt	£0.90	Milk
Pizza slice	£1.40 Wheat/gluten/milk	Eggs (x2)	£1.05 Egg	Fruit pot	£1.25	
Savoury bake	£1.95	Ham	£1.05 Sulphates	Yum Yum	£1.00	Wheat/milk
Paprika spicy wedges	£1.15	Cheese pot	£1.05 Milk	Doughnut	£0.90	Wheat
Tomato & spinach pasta	£1.05 Wheat/gluten	Drinks		Popcorn	£1.00	and the second
Cold pesto, spinach &	£1.05 Wheat/gluten	Water	£0.50	Proper Chips	£1.20	
tomato pasta pot		Milk carton Various flavours	£0.65 Milk	Jelly pot	£0.60	
Sub roll (various)	£2.00 Allergens detailed on product	Radnor fizz	£0.70	Angel delight	£1.05	
Small filled roll (various)	£1.00 Allergens detailed on product	Radnor splash	£0.70	Flapjack	£0.85	

Juice carton

£0.60

Cookie

£0.65

Friday Week 2



Fi Ja V	Iain Meal ish & chips and beans acket potato & beans add cheese eggie Option egetable burger and chip	£2.35 £1.00 £1.05 £2.35 \$	Wheat/gluten/fish Milk Gluten/egg	
Grab and Go		Salad bar		Snacks
Mac cheese tuk tuk	£1.05 Wheat/gluten/milk	Salad box	£1.05	Granola pot
Panini (various)	£2.00 Wheat/gluten/milk	Tuna	£1.05 Fish/milk/ egg	Yoghurt
Pizza round	£1.05 Wheat/gluten/milk	Eggs (x2)	£1.05 Egg	Fruit pot
Cheese toastie	£1.40 Wheat/gluten/milk	Ham	£1.05 Sulphates	Yum Yum
Cheese bites & salad	£1.50 Milk	Cheese pot	£1.05 Milk	Doughnut
Nachos & guacamole	£1.30	Drinks		Popcorn
Chips	£1.00	Water	£0.50	Proper Chips
Sub roll (various)	£2.00 Allergens detailed on product	Milk carton Various flavours	£0.65 Milk	Jelly pot
Small filled roll (various	s) £1.00 Allergens detailed on product	Radnor fizz	£0.70	Angel delight
		Radnor splash	£0.70	Flapjack

Juice carton

£0.60



Cookie