



Monday Week 1



Main Meal

Sausage, mash & beans £2.35 Wheat/milk/gluten/soya/lactose

Jacket potato & beans £1.00

add cheese £1.05 Milk

Veggie Option

Veggie sausage, mash & beans £2.35 Soya/sulphates/wheat/milk

Grab and Go

Chicken wrap £1.85 Wheat/gluten/egg/milk

Pasta tuk tuk £1.05 Gluten

Panini (various) £2.00 Milk/wheat/gluten

Pizza round £1.05 Milk/wheat/gluten

Savoury bake £1.95

Spicy potato wedges £1.15

Tomato & spinach pasta £1.05 Wheat/gluten

Sub roll (various) £2.00 Allergens detailed on product

Small filled roll (various) £1.00 Allergens detailed on product

Salad bar

Salad box £1.05

Tuna £1.05 Fish/milk/egg

Eggs (x2) £1.05 Egg

Ham £1.05 Sulphates

Cheese pot £1.05 Milk

Drinks

Water £0.50

Milk carton £0.65 Milk
Various flavours

Radnor fizz £0.70

Radnor splash £0.70

Juice carton £0.60

Snacks

Granola pot £1.05 Wheat/gluten/milk

Yoghurt £0.90 Milk

Fruit pot £1.25

Yum Yum £1.00 Wheat/milk

Doughnut £0.90 Wheat

Popcorn £1.00

Proper Chips £1.20

Jelly pot £0.60

Angel delight £1.05

Flapjack £0.85

Cookie £0.65





Tuesday Week 1



Main Meal

Chicken curry, rice and naan	£2.35	Wheat/gluten
Jacket potato & beans	£1.00	
add cheese	£1.05	Milk

Veggie Option

Vegetable curry and naan	£2.35	Wheat/gluten
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Grab and Go

Chicken drumsticks	£1.65	
Panini (various)	£2.00	Wheat/gluten/milk
Pizza slice	£1.40	Wheat/gluten/milk
Savoury bake	£1.95	Gluten/milk
Potato pot	£1.15	
Arrabiatta pasta pot	£1.05	Wheat/gluten
Tomato & spinach pasta	£1.05	Wheat/gluten
Sub roll (various)	£2.00	Allergens detailed on product
Small filled roll (various)	£1.00	Allergens detailed on product

Salad bar

Salad box	£1.05	
Tuna	£1.05	Fish/milk/egg
Eggs (x2)	£1.05	Egg
Ham	£1.05	Sulphates
Cheese pot	£1.05	Milk

Drinks

Water	£0.50	
Milk carton	£0.65	Milk
<i>Various flavours</i>		
Radnor fizz	£0.70	
Radnor splash	£0.70	
Juice carton	£0.60	

Snacks

Granola pot	£1.05	Wheat/gluten/milk
Yoghurt	£0.90	Milk
Fruit pot	£1.25	
Yum Yum	£1.00	Wheat/milk
Doughnut	£0.90	Wheat
Popcorn	£1.00	
Proper Chips	£1.20	
Jelly pot	£0.60	
Angel delight	£1.05	
Flapjack	£0.85	
Cookie	£0.65	





Wednesday Week 1



Main Meal

Moroccan chicken and cous cous	£2.35	Wheat
Jacket potato & beans	£1.00	
add cheese	£1.05	Milk

Veggie Option

Mac cheese	£2.35	Wheat/gluten/milk
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Grab and Go

Burger/Cheeseburger	£1.85	Celery/gluten/egg
Panini (various)	£2.00	Wheat/gluten/milk
Pizza slice	£1.40	Wheat/gluten/milk
Savoury bake	£1.95	Wheat/gluten
Potato pot	£1.15	Wheat/gluten
Tomato & spinach pasta	£1.05	Wheat/gluten
Sub roll (various)	£2.00	Allergens detailed on product
Small filled roll (various)	£1.00	Allergens detailed on product

Salad bar

Salad box	£1.05	
Tuna	£1.05	Fish/milk/egg
Eggs (x2)	£1.05	Egg
Ham	£1.05	Sulphates
Cheese pot	£1.05	Milk

Drinks

Water	£0.50	
Milk carton	£0.65	Milk
<i>Various flavours</i>		
Radnor fizz	£0.70	
Radnor splash	£0.70	
Juice carton	£0.60	

Snacks

Granola pot	£1.05	Wheat/gluten/milk
Yoghurt	£0.90	Milk
Fruit pot	£1.25	
Yum Yum	£1.00	Wheat/milk
Doughnut	£0.90	Wheat
Popcorn	£1.00	
Proper Chips	£1.20	
Jelly pot	£0.60	
Angel delight	£1.05	
Flapjack	£0.85	
Cookie	£0.65	





Thursday Week 1



Main Meal

Greek meatballs in sauce, pasta & pitta	£2.35	Wheat/gluten/milk/soya
Jacket potato & beans	£1.00	
add cheese	£1.05	Milk

Veggie Option

Ratatouille spicy bean wrap	£2.35	Gluten/wheat
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Grab and Go

Chicken fajita	£1.85	Celery/gluten
Panini (various)	£2.00	Wheat/gluten/milk
Pizza slice	£1.40	Wheat/gluten/milk
Savoury bake	£1.95	Wheat/gluten
Potato pot	£1.15	
Tomato & spinach pasta	£1.05	Wheat/gluten
Cold pesto, spinach & tomato pasta pot	£1.05	Wheat/gluten
Sub roll (various)	£2.00	Allergens detailed on product
Small filled roll (various)	£1.00	Allergens detailed on product

Salad bar

Salad box	£1.05	
Tuna	£1.05	Fish/milk/egg
Eggs (x2)	£1.05	Egg
Ham	£1.05	Sulphates
Cheese pot	£1.05	Milk

Drinks

Water	£0.50	
Milk carton <i>Various flavours</i>	£0.65	Milk
Radnor fizz	£0.70	
Radnor splash	£0.70	
Juice carton	£0.60	

Snacks

Granola pot	£1.05	Wheat/gluten/milk
Yoghurt	£0.90	Milk
Fruit pot	£1.25	
Yum Yum	£1.00	Wheat/milk
Doughnut	£0.90	Wheat
Popcorn	£1.00	
Proper Chips	£1.20	
Jelly pot	£0.60	
Angel delight	£1.05	
Flapjack	£0.85	
Cookie	£0.65	





Friday Week 1



Main Meal

Fish fillet, chips & beans	£2.35	Fish/wheat/gluten/cereal
Jacket potato & beans	£1.00	
add cheese	£1.05	Milk

Veggie Option

Cheese & broccoli quiche & chips	£2.35	Milk/eggs/gluten
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Grab and Go

Cauliflower cheese tuk tuk	£1.05	Gluten/milk
Panini (various)	£2.00	Wheat/gluten/milk
Pizza round	£1.05	Wheat/gluten/milk
Fishwich burger	£1.85	Wheat/gluten/fish
Macaroni bites & salad	£1.50	Wheat/gluten
Nachos & guacamole	£1.30	Wheat/gluten
Chips	£1.00	
Sub roll (various)	£2.00	Allergens detailed on product
Small filled roll (various)	£1.00	Allergens detailed on product

Salad bar

Salad box	£1.05	
Tuna	£1.05	Fish/milk/egg
Eggs (x2)	£1.05	Egg
Ham	£1.05	Sulphates
Cheese pot	£1.05	Milk

Drinks

Water	£0.50	
Milk carton	£0.65	Milk
<i>Various flavours</i>		
Radnor fizz	£0.70	
Radnor splash	£0.70	
Juice carton	£0.60	

Snacks

Granola pot	£1.05	Wheat/gluten/milk
Yoghurt	£0.90	Milk
Fruit pot	£1.25	
Yum Yum	£1.00	Wheat/milk
Doughnut	£0.90	Wheat
Popcorn	£1.00	
Proper Chips	£1.20	
Jelly pot	£0.60	
Angel delight	£1.05	
Flapjack	£0.85	
Cookie	£0.65	





Monday Week 2



Main Meal

Chilli con carne, rice & tortillas	£2.35	
Jacket potato & beans	£1.00	
add cheese	£1.05	Milk

Veggie Option

Quorn chicken & savoury rice	£2.35	Egg
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Grab and Go

Chicken goujon wrap	£1.85	Gluten
Panini (various)	£2.00	Wheat/gluten/milk
Pizza round	£1.05	Wheat/gluten/milk
Savoury bake	£1.95	Wheat/gluten
Potato pot	£1.15	
Cold pesto, spinach & tomato pasta pot	£1.05	Wheat/gluten
Sub roll (various)	£2.00	Allergens detailed on product
Small filled roll (various)	£1.00	Allergens detailed on product

Salad bar

Salad box	£1.05	
Tuna	£1.05	Fish/milk/egg
Eggs (x2)	£1.05	Egg
Ham	£1.05	Sulphates
Cheese pot	£1.05	Milk

Drinks

Water	£0.50	
Milk carton <i>Various flavours</i>	£0.65	Milk
Radnor fizz	£0.70	
Radnor splash	£0.70	
Juice carton	£0.60	

Snacks

Granola pot	£1.05	Wheat/gluten/milk
Yoghurt	£0.90	Milk
Fruit pot	£1.25	
Yum Yum	£1.00	Wheat/milk
Doughnut	£0.90	Wheat
Popcorn	£1.00	
Proper Chips	£1.20	
Jelly pot	£0.60	
Angel delight	£1.05	
Flapjack	£0.85	
Cookie	£0.65	





Tuesday Week 2



Main Meal

Tandoori chicken & savoury rice	£2.35	
Jacket potato & beans	£1.00	
add cheese	£1.05	Milk

Veggie Option

Tandoori vegetable curry & savoury rice	£2.35	
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Grab and Go

Burger/Cheeseburger	£1.85	Gluten/egg
Panini (various)	£2.00	Wheat/gluten/milk
Pizza slice	£1.40	Wheat/gluten/milk
Savoury bake	£1.95	Wheat/gluten
Potato pot	£1.15	
Arrabiatta pasta pot	£1.05	Wheat/gluten
Tomato & spinach pasta	£1.05	Wheat/gluten
Sub roll (various)	£2.00	Allergens detailed on product
Small filled roll (various)	£1.00	Allergens detailed on product

Salad bar

Salad box	£1.05	
Tuna	£1.05	Fish/milk/egg
Eggs (x2)	£1.05	Egg
Ham	£1.05	Sulphates
Cheese pot	£1.05	Milk

Drinks

Water	£0.50	
Milk carton	£0.65	Milk
Various flavours		
Radnor fizz	£0.70	
Radnor splash	£0.70	
Juice carton	£0.60	

Snacks

Granola pot	£1.05	Wheat/gluten/milk
Yoghurt	£0.90	Milk
Fruit pot	£1.25	
Yum Yum	£1.00	Wheat/milk
Doughnut	£0.90	Wheat
Popcorn	£1.00	
Proper Chips	£1.20	
Jelly pot	£0.60	
Angel delight	£1.05	
Flapjack	£0.85	
Cookie	£0.65	





Wednesday Week 2



Main Meal

Toad in the hole, mash, veg & gravy **£2.35** Gluten/milk/egg

Jacket potato & beans **£1.00**

add cheese **£1.05** Allergens detailed on product

Veggie Option

Vegetarian toad in the hole, mash, veg & gravy **£2.35** Gluten/milk/egg

Grab and Go

Chicken goujon wrap **£1.85** Wheat/gluten

Panini (various) **£2.00** Wheat/gluten/milk

Pizza slice **£1.40** Wheat/gluten/milk

Savoury bake **£1.95** Wheat/gluten

Potato pot **£1.15**

Tomato & spinach pasta **£1.05** Wheat/gluten

Sub roll (various) **£2.00** Allergens detailed on product

Small filled roll (various) **£1.00** Allergens detailed on product

Salad bar

Salad box **£1.05**

Tuna **£1.05** Fish/milk/egg

Eggs (x2) **£1.05** Egg

Ham **£1.05** Sulphates

Cheese pot **£1.05** Milk

Drinks

Water **£0.50**

Milk carton **£0.65** Milk
Various flavours

Radnor fizz **£0.70**

Radnor splash **£0.70**

Juice carton **£0.60**

Snacks

Granola pot **£1.05** Wheat/gluten/milk

Yoghurt **£0.90** Milk

Fruit pot **£1.25**

Yum Yum **£1.00** Wheat/milk

Doughnut **£0.90** Wheat

Popcorn **£1.00**

Proper Chips **£1.20**

Jelly pot **£0.60**

Angel delight **£1.05**

Flapjack **£0.85**

Cookie **£0.65**





Thursday Week 2



Main Meal

Sweet & sour chicken, noodles & crackers	£2.35	Wheat/egg
Jacket potato & beans	£1.00	
add cheese	£1.05	Milk

Veggie Option

Sweet & sour veg, noodles & crackers	£2.35	Wheat/egg
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Grab and Go

Spicy chicken fajita	£1.85	Wheat/gluten
Panini (various)	£2.00	Wheat/gluten/milk
Pizza slice	£1.40	Wheat/gluten/milk
Savoury bake	£1.95	
Paprika spicy wedges	£1.15	
Tomato & spinach pasta	£1.05	Wheat/gluten
Cold pesto, spinach & tomato pasta pot	£1.05	Wheat/gluten
Sub roll (various)	£2.00	Allergens detailed on product
Small filled roll (various)	£1.00	Allergens detailed on product

Salad bar

Salad box	£1.05	
Tuna	£1.05	Fish/milk/egg
Eggs (x2)	£1.05	Egg
Ham	£1.05	Sulphates
Cheese pot	£1.05	Milk

Drinks

Water	£0.50	
Milk carton Various flavours	£0.65	Milk
Radnor fizz	£0.70	
Radnor splash	£0.70	
Juice carton	£0.60	

Snacks

Granola pot	£1.05	Wheat/gluten/milk
Yoghurt	£0.90	Milk
Fruit pot	£1.25	
Yum Yum	£1.00	Wheat/milk
Doughnut	£0.90	Wheat
Popcorn	£1.00	
Proper Chips	£1.20	
Jelly pot	£0.60	
Angel delight	£1.05	
Flapjack	£0.85	
Cookie	£0.65	





Friday Week 2



Main Meal

Fish & chips and beans	£2.35	Wheat/gluten/fish
Jacket potato & beans	£1.00	
add cheese	£1.05	Milk

Veggie Option

Vegetable burger and chips	£2.35	Gluten/egg
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Grab and Go

Mac cheese tuk tuk	£1.05	Wheat/gluten/milk
Panini (various)	£2.00	Wheat/gluten/milk
Pizza round	£1.05	Wheat/gluten/milk
Cheese toastie	£1.40	Wheat/gluten/milk
Cheese bites & salad	£1.50	Milk
Nachos & guacamole	£1.30	
Chips	£1.00	
Sub roll (various)	£2.00	Allergens detailed on product
Small filled roll (various)	£1.00	Allergens detailed on product

Salad bar

Salad box	£1.05	
Tuna	£1.05	Fish/milk/egg
Eggs (x2)	£1.05	Egg
Ham	£1.05	Sulphates
Cheese pot	£1.05	Milk

Drinks

Water	£0.50	
Milk carton	£0.65	Milk
Various flavours		
Radnor fizz	£0.70	
Radnor splash	£0.70	
Juice carton	£0.60	

Snacks

Granola pot	£1.05	Wheat/gluten/milk
Yoghurt	£0.90	Milk
Fruit pot	£1.25	
Yum Yum	£1.00	Wheat/milk
Doughnut	£0.90	Wheat
Popcorn	£1.00	
Proper Chips	£1.20	
Jelly pot	£0.60	
Angel delight	£1.05	
Flapjack	£0.85	
Cookie	£0.65	

