



St Benedict's Catholic College

LUNCH – MONDAY WEEK A



<u>Main meal</u>	<u>Price</u>	<u>Allergens</u>
Mushroom carbonara, vegetables and garlic bread	£2.45	Wheat/milk



<u>Meal deal</u>	<u>Price</u>	<u>Allergens</u>
Main meal and muffin	£2.85	Muffin: Gluten/egg/milk
Main meal and fresh fruit	£2.85	

<u>Grab and Go</u>	<u>Price</u>	<u>Allergens</u>
Chicken burger	£1.85	Wheat/gluten/egg/celery
Vegetarian burger	£1.85	Wheat/gluten
Chilli noodles	£1.25	Wheat/egg
Panini (<i>various</i>)	£2.10	Wheat/milk/fish
Pizza slice	£1.40	Wheat/milk
Potato pot	£1.15	





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LUNCH – TUESDAY WEEK A



<u>Main meal</u>	<u>Price</u>	<u>Allergens</u>
Sausage, mash, Yorkshire pudding, vegetables and gravy	£2.45	Wheat/milk/egg
Vegetarian sausage, mash, Yorkshire pudding, vegetables and gravy	£2.45	Gluten/milk/egg

<u>Meal deal</u>	<u>Price</u>	<u>Allergens</u>
Main meal and muffin	£2.85	Muffin: Gluten/egg/milk
Main meal and fresh fruit	£2.85	

<u>Grab and Go</u>	<u>Price</u>	<u>Allergens</u>
Mediterranean chicken wrap	£1.85	Wheat/gluten
Vegetarian wrap	£1.85	Wheat/gluten
Pasta Tuk Tuk	£1.25	Wheat/gluten
Panini (<i>various</i>)	£2.10	Wheat/milk/fish
Pizza slice	£1.40	Wheat/milk
Potato pot	£1.15	





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LUNCH – WEDNESDAY WEEK A

<u>Main meal</u>	<u>Price</u>	<u>Allergens</u>
Chicken curry, rice and naan	£2.45	Wheat/gluten/milk
Vegetable curry, rice and naan	£2.45	Gluten/milk/eggs

<u>Meal deal</u>	<u>Price</u>	<u>Allergens</u>
Main meal and muffin	£2.85	Muffin: Gluten/egg/milk
Main meal and fresh fruit	£2.85	

<u>Grab and Go</u>	<u>Price</u>	<u>Allergens</u>
Cheese burger	£1.85	Wheat/gluten/milk/mustard
Burger	£1.85	Wheat/gluten/milk/mustard
Vegetarian burger	£1.85	Wheat/gluten
Pasta Tuk Tuk	£1.25	Wheat/gluten
Panini (<i>various</i>)	£2.10	Wheat/milk/fish
Pizza slice	£1.40	Wheat/milk
Potato pot	£1.15	





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LUNCH – THURSDAY WEEK A



Main meal

Chilli con carne, homemade wedges, sour cream and corn on the cob

Price

£2.45

Allergens

Wheat/gluten/milk

Vegetarian chilli con carne, homemade wedges, sour cream and corn on the cob

£2.45

Gluten/milk/eggs

Meal deal

Price

Allergens

Main meal and muffin

£2.85

Muffin: Gluten/egg/milk

Main meal and fresh fruit

£2.85

Grab and Go

Price

Allergens

Maple & sweet chilli chicken wrap

£1.85

Wheat/gluten

Vegetarian wrap

£1.85

Wheat/gluten

Chilli noodles

£1.25

Wheat/egg

Panini (various)

£2.10

Wheat/milk/fish

Pizza slice

£1.40

Wheat/milk

Potato pot

£1.15





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LUNCH – FRIDAY WEEK A



<u>Main meal</u>	<u>Price</u>	<u>Allergens</u>
Fish fingers, chips and beans or peas	£2.45	Wheat/gluten/fish
Vegetarian nuggets, chips and beans or peas	£2.45	Wheat/gluten

<u>Meal deal</u>	<u>Price</u>	<u>Allergens</u>
Main meal and muffin	£2.85	Muffin: Gluten/egg/milk
Main meal and fresh fruit	£2.85	

<u>Grab and Go</u>	<u>Price</u>	<u>Allergens</u>
Chips	£1.10	Wheat/gluten
Tomato sauce sachet	£0.10	
Fish finger wrap	£1.85	Wheat/fish
Sweet chilli Quorn wrap	£1.85	Wheat
Frittata	£1.15	Egg
Macaroni cheese	£1.25	Wheat/milk
Panini (<i>various</i>)	£2.10	Wheat/milk/fish
Pizza slice	£1.40	Wheat/milk

