





St Benedict's Catholic College

Newsletter Issue 4 - 29th September 2023

Message from the Principal

Dear parents, carers, students and friends

I've always said that the best thing about St Benedict's is our students, and I was proved right yet again at our Open Evening earlier this week. We welcomed over 800 visitors to the college on Wednesday evening, and our prefect guides and department helpers were exceptional ambassadors for the college. I'm grateful also to all of our staff who worked so hard to welcome visitors and showcase the fantastic learning and enrichment opportunities that take place here every day.

At St Teresa's in Lexden last night, 16 of our young people received the Sacrament of Confirmation, witnessed by families, friends and staff of the college - we congratulate Sofia, Daniel, Declan, Jake, Ellie, Olga, Levi, John, Diyoni, Sophia, Alvin, Tony, Dwayne, Samuel, Delwin and Diya on this important next step in their journey of faith. Congratulations also to past students Anthony and Beatrice, as well as Mr Hallows, who were also Confirmed. I invite you to join me in praying for them all.

Next week one of the most important events of the year takes place, our Family Mass on Wednesday. It's a great opportunity to meet staff and families face to face, as well as to share in worship together. I'd encourage you to fill in the form <https://forms.office.com/e/xudejvec84> if you haven't already done so and come along at 6.00 pm on Wednesday.

Wishing everyone associated with the college a pleasant and restful weekend.

Mrs J E Santinelli

Principal

Chaplaincy

On Thursday evening, 18 past or present students and 1 member of staff received the Sacrament of Confirmation at St Teresa's Church, Lexden. In a beautiful service led by Bishop Alan, these candidates were invited to renew their promises made at their Baptism and receive the gifts of the Holy Spirit. A big thank you to all parents, carers, family and friends who have supported these adults and young people on their journey. May God bless all of those who have been confirmed and guide them in their journey of faith.

This is the final opportunity for anyone in year 9 that attends St Teresa's Church in Lexden to sign up for this year's confirmation programme. The first meeting will be on Monday evening so the form must be completed before then! To fill in the form, scan the QR code in the information below.

The next monthly BCYS Youth Mass will be on Thursday 5th October at Brentwood Cathedral. This is a great opportunity for students to meet other young Catholics from all over Essex and East London.

The evening starts at 6.00 pm with Dominos pizza in the hall and then Mass will start at 7.30 pm. There are spaces on a minibus from Colchester to the Youth Mass, if you'd like to book a seat, please email t.fusi@stbenedicts.essex.sch.uk

October Youth Mass with Caritas - Brentwood Catholic Youth Service (bcys.net)

The next Youth Mass at St Benedict's will take place on Thursday 19th October at 5.00 pm in the college Chapel. Fr Rick will be celebrating the Mass with young people taking part in the readings, music and Altar serving. There will be refreshments and an opportunity to socialise after Mass.

Mr Fusi

Lay Chaplain


FRIDAY 29TH SEPTEMBER 2023

Feast of Saints Michael, Gabriel and Raphael

+ In the name of the Father, and of the Son, and of the Holy Spirit. Amen

Dear Lord, please send your archangels to defend, protect and guide me today. May they assist me in all tasks, great and small, and give me the strength to live in a way that is pleasing to you – to be courageous in standing up for what is right and in spreading the message of your love. Amen

+ In the name of the Father, and of the Son, and of the Holy Spirit. Amen



St Teresa of Lisieux Parish, Lexden

Application to enrol in the Program
for Confirmation
on Pentecost Sunday 19th May 2024

Confirmation 2024



Program dates – (Please note all dates are compulsory).

| | | |
|------------------|-----------------------------------|---------------|
| 02 October 2023 | Parent and candidate meeting | 6:30pm-8:00pm |
| 16 October 2023 | Session 1 | 6:30pm-8:00pm |
| 06 November 2023 | Session 2 | 6:30pm-8:00pm |
| 27 November 2023 | Session 3 | 6:30pm-8:00pm |
| 02 December 2023 | Retreat at Walsingham House | all day |
| 11 December 2023 | Session 4 | 6:30pm-8:00pm |
| 08 January 2024 | Session 5 | 6:30pm-8:00pm |
| 29 January 2024 | Review | 6:30pm-8:00pm |
| 12 February 2024 | Session 6 | 6:30pm-8:00pm |
| 04 March 2024 | Session 7 | 6:30pm-8:00pm |
| 25 March 2024 | Session 8 | 6:30pm-8:00pm |
| 15 April 2024 | Session 9 | 6:30pm-8:00pm |
| 29 April 2024 | Session 10 | 6:30pm-8:00pm |
| 13 May 2024 | Rehearsal | 6:30pm-8:00pm |
| 19 May 2024 | Pentecost Sunday Confirmation Day | 9:00am Mass |

Youth Mass



Thursday 19th October



St Benedict's Catholic College



5:00 pm

Youth centered mass | Lively music | Refreshments

Parent Governor Election

In our newsletter on 8th September 2023 nominations from parents were invited for the vacancy for a parent governor.

There has been a good response and there are three candidates for the one vacancy.

Eligible voters will have received an email from our partner Choice Voting, where you will see the names of each candidate and their elections statement.

Voting is open and will close at 12.00 noon on Monday 2nd October 2023.

If you have not already voted, please do so before the closing date.

You will be notified of the results once the election has been completed.

The Knitting and Stitching trip reminder

The Year 9 and 10 textiles students attending the Knitting and Stitching trip on Thursday 5th October, please remember that we are meeting at 7.45 am at the bell tower, full college uniform and packed lunch (strictly **NO nuts** allowed) are required. We will be returning to the college at approximately 4.00 pm.

Any questions, please see Mrs Holloway

Mrs Stewart-Thomas

Head of Art, Design and Technology

The Knitting & Stitching Show

Music Clubs

There is a music theory club every Friday lunchtime in room 3. All students are welcome especially those who have instrumental and/or singing tuition and are preparing for exams. This club will help with preparation for music theory exams and improve students' understanding of musical notation and analysis.

If you have any queries, please come and speak to me.

Ms Orme

Teacher of Music



The poster is for the Music Theory Club, set against a light green background. In the top left corner is the ABRSM logo, which consists of a red rectangle with a white crown icon and the text 'ABRSM' in white. The main title 'Music Theory Club' is written in a large, bold, black serif font in the center. Below the title, the text 'Friday lunch time, 1:40' and 'Room 3' are written in a smaller, black serif font. Below that, the phrase 'All year groups welcome' is written in a bold, black serif font. Surrounding the central text are four oval callouts: a yellow one at the top left saying 'Worth Polaris Prize points', a yellow one at the top right saying 'Help with GCSE Music', a light blue one at the bottom left saying 'Prep for theory exams to go beyond in your instrument grades', and a light blue one at the bottom right saying 'Improve reading musical notation and have a deeper understanding of Music'. At the bottom center is a black and white illustration of a heart shape filled with various musical notes and symbols.

ABRSM

Music Theory Club

Friday lunch time, 1:40
Room 3

All year groups welcome

Worth Polaris Prize points

Help with GCSE Music

Prep for theory exams to go beyond in your instrument grades

Improve reading musical notation and have a deeper understanding of Music



St Benedict's
Catholic College

CHOIR

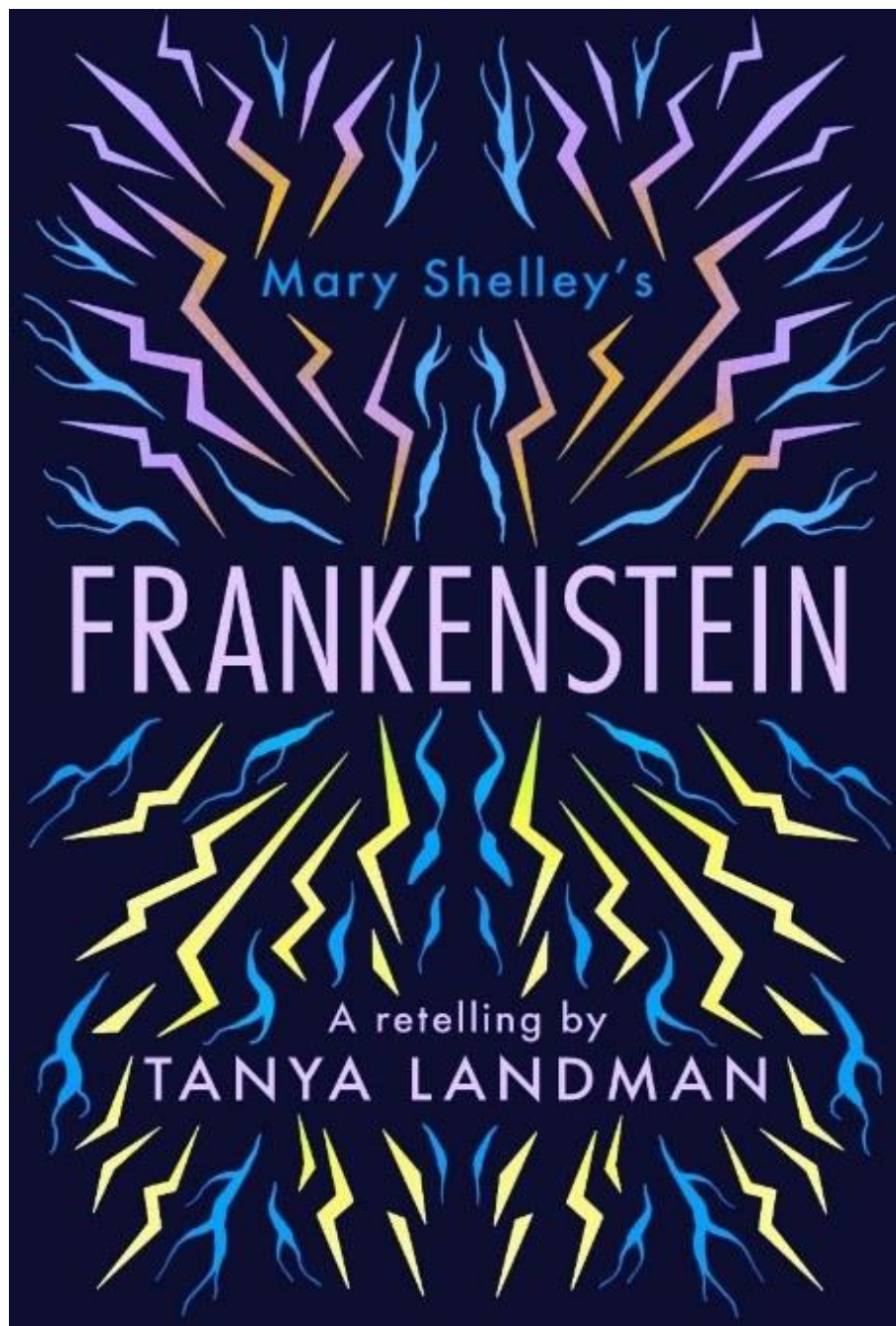
—◆—
All year groups welcome

Rehearsal every Thursday lunch time in room 3 (Music)

Opportunity to sing in a group, learn new songs and participate in performances.

Any questions about the club ask your music teacher

Book of the Week



1 - [*Frankenstein: A Retelling by Tanya Landman*](#)

Frankenstein: A Retelling by Tanya Landman

Tanya Landman revisits this classic gothic horror story, bringing to life Dr Frankenstein and his monstrous creation. A young man's search for the secret of the spark of life leads him to a horrific experiment in which he creates a gigantic creature from dismembered body parts. Rejected by his creator, the initially gentle creature turns into a monster when his desire to find companionship and love are thwarted.

This is a dyslexic friendly edition.

Available in our library, a gripping and thrilling horror story based on the classic Frankenstein by Mary Shelley.

Mrs Sullivan

Reader Leader

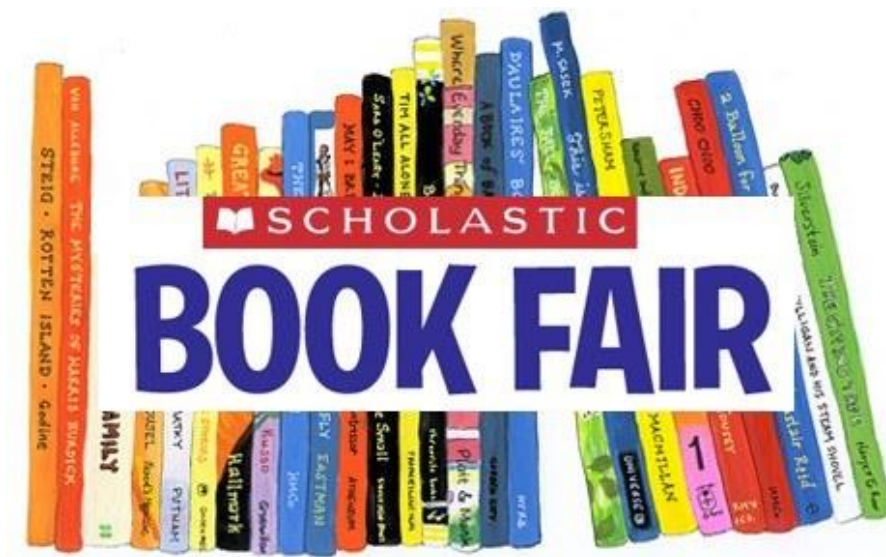
Scholastic Book Fair

We will welcome the Scholastic Book Fair back to St Benedict's from 12th October through until 16th October. All purchases made at the book fair raise funds for the college that can then be used to purchase even more books!

On the days of the book fair, students can browse books in the Manning Hall at lunchtimes and can also make purchases using cash or card. Parents and carers can also purchase gift vouchers in advance directly from Scholastic's website which students can then use to exchange for books and stationery on the days of the fair. <https://bookfairs.scholastic.co.uk/gift-vouchers>

Mrs Bishop

Head of communications faculty



Polaris Prize



POLARIS PRIZE
St Benedict's Catholic College

Enrichment programme which stretches and challenges you across the curriculum.

Activities and tasks = points = prizes

Meet every Wednesday lunch time in room 3 to show your work and receive additional support with your projects

For more information speak to Ms Orme

Communications sent out this week

GCSE drama theatre trip - Selected Year 11 Students

Catering Menu - Week A

Please ensure your child's ParentPay meal account is in credit. Any new deposits for the day must be made by 8.20 am in order for funds to clear in time for break.

For the full list of menu choices this week, please click on [here](#)



Monday Week 1



Main Meal

| | | |
|-----------------------|-------|--------------------------------|
| Sausage, mash & beans | £2.35 | Wheat/milk/gluten/soya/lactose |
| Jacket potato & beans | £1.25 | |
| add cheese | £1.05 | Milk |

Veggie Option

| | | |
|---------------------------------------|-------|---------------------------|
| Linda McCartney Sausage, mash & beans | £2.35 | Soya/sulphates/wheat/milk |
|---------------------------------------|-------|---------------------------|

Grab and Go

| | | |
|--|-------|-------------------------------|
| Chicken burger | £1.75 | Wheat/gluten/egg/milk |
| Noodles tuk tuk | £1.05 | Gluten |
| Brie & bacon panini | £1.65 | Milk/wheat/gluten |
| Cheese & tomato pizza | £1.25 | Milk/wheat/gluten |
| Spicy potato wedges | £0.75 | |
| Tomato & spinach pasta | £1.05 | Wheat/gluten |
| Selection of sub rolls | £1.65 | Allergens detailed on product |
| Various small filled rolls | £0.75 | Allergens detailed on product |
| Soup and bread roll* | £1.50 | Wheat/gluten |
| Tomato or Sweet potato & butternut (*from November 23) | | |

Salad bar

| | | |
|------------|-------|---------------|
| Salad box | £1.05 | |
| Tuna | £1.05 | Fish/milk/egg |
| Eggs (x2) | £1.05 | Egg |
| Ham | £1.05 | Sulphates |
| Cheese pot | £1.05 | Milk |

Drinks

| | | |
|------------------|-------|------|
| Water | £0.50 | |
| Milk carton | £0.65 | Milk |
| Various flavours | | |
| Radnor fizz | £0.70 | |
| Radnor splash | £0.50 | |

Snacks

| | | |
|--------------|-------|-------------------|
| Granola pot | £1.05 | Wheat/gluten/milk |
| Yoghurt | £1.00 | Milk |
| Fruit pot | £1.50 | |
| Yum Yum | £0.85 | Wheat/milk |
| Doughnut | £0.70 | Wheat |
| Popcorn | £1.00 | |
| Proper Chips | £1.00 | |



Tuesday Week 1



Main Meal

| | | |
|--------------------------------------|-------|--------------|
| Chinese chicken curry, rice and naan | £2.35 | Wheat/gluten |
| Jacket potato & beans | £1.25 | |
| add cheese | £1.05 | Milk |

Veggie Option

| | | |
|--------------------------|-------|--------------|
| Vegetable curry and naan | £2.35 | Wheat/gluten |
|--------------------------|-------|--------------|

Grab and Go

| | | |
|--|-------|-------------------------------|
| BBQ drumsticks | £1.75 | |
| Caribbean panini | £1.65 | Wheat/gluten/milk |
| Pepperoni pizza | £1.25 | Wheat/gluten/milk |
| Cornish pasty | £0.75 | Gluten/milk |
| Roast potato pot | £0.75 | |
| Arrabiatta pasta pot | £1.05 | Wheat/gluten |
| Tomato & spinach pasta | £1.05 | Wheat/gluten |
| Selection of sub rolls | £1.65 | Allergens detailed on product |
| Various small filled rolls | £0.75 | Allergens detailed on product |
| Soup and bread roll* | £1.50 | Wheat/gluten |
| Tomato or Sweet potato & butternut (*from November 23) | | |

Salad bar

| | | |
|------------|-------|---------------|
| Salad box | £1.05 | |
| Tuna | £1.05 | Fish/milk/egg |
| Eggs (x2) | £1.05 | Egg |
| Ham | £1.05 | Sulphates |
| Cheese pot | £1.05 | Milk |

Drinks

| | | |
|------------------|-------|------|
| Water | £0.50 | |
| Milk carton | £0.65 | Milk |
| Various flavours | | |
| Radnor fizz | £0.70 | |
| Radnor splash | £0.50 | |

Snacks

| | | |
|--------------|-------|-------------------|
| Granola pot | £1.05 | Wheat/gluten/milk |
| Yoghurt | £1.00 | Milk |
| Fruit pot | £1.50 | |
| Yum Yum | £0.85 | Wheat/milk |
| Doughnut | £0.70 | Wheat |
| Popcorn | £1.00 | |
| Proper Chips | £1.00 | |





Wednesday Week 1



Main Meal

| | | |
|-------------------------------------|-------|------------------------|
| Mac cheese loaded with Mexican Pork | £2.35 | Wheat/gluten/milk/soya |
| Jacket potato & beans | £1.25 | |
| add cheese | £1.05 | Milk |

Veggie Option

| | | |
|---------------------------------------|-------|-------------------|
| Mac cheese & vegan Cumberland sausage | £2.35 | Wheat/gluten/milk |
|---------------------------------------|-------|-------------------|

Grab and Go

| | | |
|--|-------|-------------------------------|
| Burger/Cheeseburger | £1.50 | Celery/gluten |
| Pulled pork panini | £1.65 | Wheat/gluten/milk |
| Pepperoni pizza | £1.25 | Wheat/gluten/milk |
| Cornish pasty | £1.55 | Wheat/gluten |
| Potato pots | £0.75 | Wheat/gluten |
| Tomato & spinach pasta | £1.05 | Wheat/gluten |
| Selection of sub rolls | £1.65 | Allergens detailed on product |
| Various small filled rolls | £0.75 | Allergens detailed on product |
| Soup and bread roll* | £1.50 | Wheat/gluten |
| Tomato or Sweet potato & butternut (*from November 23) | | |

Salad bar

| | | |
|------------------|-------|---------------|
| Salad box | £1.05 | |
| Tuna | £1.05 | Fish/milk/egg |
| Eggs (x2) | £1.05 | Egg |
| Ham | £1.05 | Sulphates |
| Cheese pot | £1.05 | Milk |
| Drinks | | |
| Water | £0.50 | |
| Milk carton | £0.65 | Milk |
| Various flavours | | |
| Radnor fizz | £0.70 | |
| Radnor splash | £0.50 | |

Snacks

| | | |
|--------------|-------|-------------------|
| Granola pot | £1.05 | Wheat/gluten/milk |
| Yoghurt | £1.00 | Milk |
| Fruit pot | £1.50 | |
| Yum Yum | £0.85 | Wheat/milk |
| Doughnut | £0.70 | Wheat |
| Popcorn | £1.00 | |
| Proper Chips | £1.00 | |



Thursday Week 1



Main Meal

| | | |
|---|-------|------------------------|
| Greek meatballs in sauce, pasta & pitta | £2.35 | Wheat/gluten/milk/soya |
| Jacket potato & beans | £1.25 | |
| add cheese | £1.05 | Milk |

Veggie Option

| | | |
|-----------------------------|-------|--------------|
| Ratatouille spicy bean wrap | £2.35 | Gluten/wheat |
|-----------------------------|-------|--------------|

Grab and Go

| | | |
|--|-------|-------------------------------|
| Chicken fajitas | £1.60 | Celery/gluten |
| Bacon & egg panini | £1.65 | Wheat/gluten/milk |
| Pepperoni pizza | £1.25 | Wheat/gluten/milk |
| Paprika potato wedges | £0.75 | |
| Tomato & spinach pasta | £1.05 | Wheat/gluten |
| Cold pesto, spinach & tomato pasta pot | £1.05 | Wheat/gluten |
| Selection of sub rolls | £1.65 | Allergens detailed on product |
| Various small filled roll | £0.75 | Allergens detailed on product |
| Soup and bread roll* | £1.50 | Wheat/gluten |
| Tomato or Sweet potato & butternut (*from November 23) | | |

Salad bar

| | | |
|------------------|-------|---------------|
| Salad box | £1.05 | |
| Tuna | £1.05 | Fish/milk/egg |
| Eggs (x2) | £1.05 | Egg |
| Ham | £1.05 | Sulphates |
| Cheese pot | £1.05 | Milk |
| Drinks | | |
| Water | £0.50 | |
| Milk carton | £0.65 | Milk |
| Various flavours | | |
| Radnor fizz | £0.70 | |
| Radnor splash | £0.50 | |

Snacks

| | | |
|--------------|-------|-------------------|
| Granola pot | £1.05 | Wheat/gluten/milk |
| Yoghurt | £1.00 | Milk |
| Fruit pot | £1.50 | |
| Yum Yum | £0.85 | Wheat/milk |
| Doughnut | £0.70 | Wheat |
| Popcorn | £1.00 | |
| Proper Chips | £1.00 | |



Friday Week 1

Main Meal

Fish fillet, chips & beans

£2.35

Fish/wheat/gluten/cereal

Jacket potato & beans

£1.25

add cheese

£1.05

Milk

Veggie Option

Cheese & broccoli quiche & chips £2.35

Milk/eggs/gluten

Grab and Go

Cauliflower cheese tuk tuk

£1.05

Gluten/milk

Mozzarella & tomato panini

£1.65

Wheat/gluten/milk

Cheese & tomato pizza

£1.25

Wheat/gluten/milk

Fishwich burger

£1.75

Wheat/gluten/fish

Macaroni bites & salad

£1.25

Wheat/gluten

Nachos & salsa

£0.65

Wheat/gluten

Nachos & guacamole

£1.00

Wheat/gluten

Chips

£1.00

Selection of sub rolls

£1.65

Allergens detailed
on product

Various small filled rolls

£0.75

Allergens detailed
on product

Soup and bread roll*

£1.50

Wheat/gluten

Tomato or Sweet potato &
butternut (*from November 23)

Salad bar

Salad box

£1.05

Tuna

£1.05

Fish/milk/
egg

Eggs (x2)

£1.05

Egg

Ham

£1.05

Sulphates

Cheese pot

£1.05

Milk

Drinks

Water

£0.50

Milk carton

£0.65

Milk

Various flavours

Radnor fizz

£0.70

Radnor splash £0.50

Snacks

Granola pot

£1.05

Wheat/
gluten/milk

Yoghurt

£1.00

Milk

Fruit pot

£1.50

Yum Yum

£0.85

Wheat/milk

Doughnut

£0.70

Wheat

Popcorn

£1.00

Proper Chips £1.00

Lost and Found

If your child(ren) have lost any items while at college, it may have been handed in to the college reception.

Check out our website or [click here](#) to have a look at what currently is in our lost and found. Alternatively, it is also displayed on the screens around the college for students.

Instagram Highlights



You can follow our Instagram link [here](#)

Numeracy Challenge

Well done and thank you for your hard work this week. I am delighted to see that a good number of year 7 students have started getting 30/30 after four weeks of trying, well done to you all!

This week's 3 respect points go to Ahmad and Cordell of 9E. Congratulations!

Have a wonderful weekend.

Mr Asamoah

Teacher of maths and numeracy coordinator

A display of work done by Ahmad and Cordell below in respective order.

WEEK 4 SESSION 1 - Answer as many questions as you can in 5 mins.

| MENTAL STRATEGIES - do these in your head | | TIMETABLES - do these in your head | | KEY SKILLS - you may use written calculations for these questions | |
|---|--|------------------------------------|-----------------|---|--------|
| Q | Question | Answer | Q | Question | Answer |
| 1 | $3 + 2$ | 5 ✓ | 1 | $2 \times 7 = \square$ | 14 ✓ |
| 2 | $\square + 25 = 100$ | 75 ✓ | 2 | $6 \div 3 = \square$ | 2 ✓ |
| 3 | What is half of 8? | 4 ✓ | 3 | $3 \times \square = 21$ | 7 ✓ |
| 4 | $150 - 10$ | 140 ✓ | 4 | $56 \div \square = 8$ | 7 ✓ |
| 5 | $191 \div \square = 210$ | 10 ✓ | 5 | $10 \times 9 = \square$ | 90 ✓ |
| 6 | $97 \div 60 = \square$ | 1.6 ✓ | 6 | $\square \div 4 = 16$ | 64 ✓ |
| 7 | $135 - 132$ | 3 ✓ | 7 | $\square \times 8 = 64$ | 8 ✓ |
| 8 | $5 \times 8 = 40$, so $40 \div 5 = \square$ | 8 ✓ | 8 | $10 \times 8 = \square$ | 80 ✓ |
| 9 | Write 20:11 in 12 hour clock format | 8:11 ✓ | 9 | $90 \div 10 = \square$ | 9 ✓ |
| 10 | 07:52 is how many minutes after 07:00? | 52 ✓ | 10 | Total out of 10 | 10 ✓ |
| Total out of 10 | | 10 | Total out of 10 | | 10 |

WEEK 4 SESSION 1 - Answer as many questions as you can in 5 mins.

| MENTAL STRATEGIES - do these in your head | | TIMETABLES - do these in your head | | KEY SKILLS - you may use written calculations for these questions | |
|---|--|------------------------------------|-----------------|---|--------|
| Q | Question | Answer | Q | Question | Answer |
| 1 | $3 + 2$ | 5 ✓ | 1 | $2 \times 7 = \square$ | 14 ✓ |
| 2 | $\square + 25 = 100$ | 75 ✓ | 2 | $6 \div 3 = \square$ | 2 ✓ |
| 3 | What is half of 8? | 4 ✓ | 3 | $3 \times \square = 21$ | 7 ✓ |
| 4 | $150 - 10$ | 140 ✓ | 4 | $56 \div \square = 8$ | 7 ✓ |
| 5 | $191 \div \square = 210$ | 10 ✓ | 5 | $10 \times 9 = \square$ | 90 ✓ |
| 6 | $97 \div 60 = \square$ | 1.6 ✓ | 6 | $\square \div 4 = 16$ | 64 ✓ |
| 7 | $135 - 132$ | 3 ✓ | 7 | $\square \times 8 = 64$ | 8 ✓ |
| 8 | $5 \times 8 = 40$, so $40 \div 5 = \square$ | 8 ✓ | 8 | $10 \times 8 = \square$ | 80 ✓ |
| 9 | Write 20:11 in 12 hour clock format | 8:11 ✓ | 9 | $90 \div 10 = \square$ | 9 ✓ |
| 10 | 07:52 is how many minutes after 07:00? | 52 ✓ | 10 | Total out of 10 | 10 ✓ |
| Total out of 10 | | 10 | Total out of 10 | | 10 |

What's your **NUMERACY** Score?
Fill in your scores in the boxes and calculate it now!

MENTAL STRATEGIES: 10
TIMETABLES: 10
KEY SKILLS: 10 +

MY **NUMERACY** BELT: Black
MY **NUMERACY** SCORE: 30

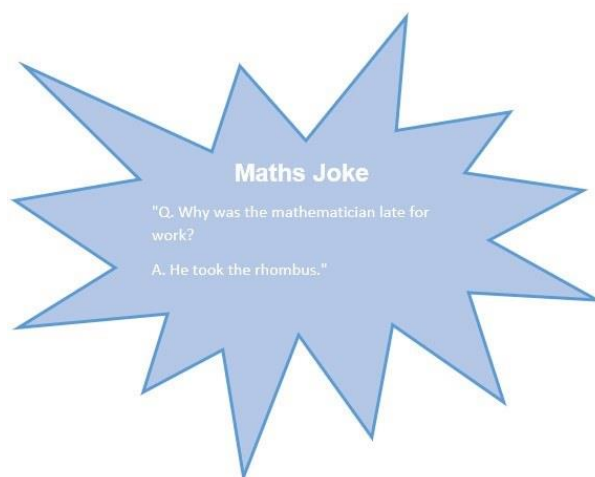
What's your **NUMERACY** Score?
Fill in your scores in the boxes and calculate it now!

MENTAL STRATEGIES: 10
TIMETABLES: 10
KEY SKILLS: 10 +

MY **NUMERACY** BELT: Black
MY **NUMERACY** SCORE: 30

Leader board as of Thursday afternoon 29th September 2024

| <u>Leaderboard</u> | | | |
|---------------------------|------------|------------|-------------|
| 7S | 720 | 9S | 1136 |
| 7T | 551 | 9T | 438 |
| 7B | 849 | 9B | 974 |
| 7E | 711 | 9E | 712 |
| 7N | 824 | 9N | 887 |
| 7D | 636 | 9D | 977 |
| 8S | 651 | 10S | 461 |
| 8T | 873 | 10T | 466 |
| 8B | 816 | 10B | 506 |
| 8E | 677 | 10E | 480 |
| 8N | 666 | 10N | 209 |
| 8D | 462 | 10D | 357 |



Week Commencing 2nd October 2023 - Week A

We are occasionally asked to promote activities/clubs etc. from local groups. Such activities are not quality assured by the college and parent/carers should be aware of the need to reassure themselves of the quality and safety of the services on offer, for example by visiting, looking at information reports etc.

Tourette's Charity Event


St Stephen's
CHURCH CENTRE

&

Tourettes
action



FUNDRAISING DAY

5TH NOVEMBER

**JOIN OUR FAMILY
EVENT ON THE
5TH NOVEMBER
1:30PM - 5PM**

**Inflatable, Games, Stalls,
Demonstrations, Refreshments,
Entertainment, Sparklers and more!**

**ST STEPHEN'S CHURCH
CENTRE
CANTERBURY ROAD
CO2 7RY**



Come along and support our Fundraising event!

Entry from £2!

Family Ticket just £5!

**Family ticket includes use of inflatable, games & a free
drink per family member**

Tickets available from:

**[https://stagestubs.com/tourettes-
action-colchester/fundraising-day-st-
stephens_](https://stagestubs.com/tourettes-action-colchester/fundraising-day-st-stephens_)**

Or Cash on the door!



**Featuring local
businesses and
performers!**



TOURETTES ACTION



Colchester

Support Group

**A support group for families
living with tourettes or tic
disorders**



WHEN?

We aim to meet every 3rd Sunday of the month



WHAT TIME?

10:30am - 12pm



**STANWAY LAKELANDS COMMUNITY CENTRE
STANWAY
COLCHESTER
CO3 8WD**

Contact Information

Group leader Annie

07830260537

tourettesactioncolchester@yahoo.com

facebook.com/groups/798970467446324

**Or search Tourettes Action Colchester
Support Group**