



# St Benedict's Catholic College

## Newsletter Issue 23 - 8th March 2024

### Message from the Principal

Dear parents, carers, students and friends

Once again the excellent facilitators from the Jack Petchey Speak Out Challenge have worked with our year 10 students to help them create a speech from scratch and then deliver the speech to an audience of their peers. Although the thought of this is sometimes quite daunting, the experience of developing their public speaking always proves positive for participants with some fantastic skills developed in the process. We look forward to hearing the winning speeches during assemblies in due course.

Students on our Opal Coast trip are also immersing themselves in some enriching experiences this week as well as putting their language skills to the test. They've been enjoying a wide range of French speaking activities including bread and pastry making, a tour of the old town in Boulogne and a visit to the fascinating Nausicaa Sealife Centre. My thanks to our dedicated members of staff who have worked so hard to make these experiences possible.

Yesterday was World Book Day and students had the opportunity to get hooked in a story that was told in episodes across their lessons. Students in year 9 had the special treat of being given a free book to bring home and enjoy. Reading is an essential life skill and we encourage all our young people to read every day.

Mrs J E Santinelli

Principal

### Chaplaincy



***Friday 8th March 2024***  
***Third week of Lent***

Today, we celebrate International Women's Day. In prayer this morning, we turn to Mary the mother of God to pray for all Women around the world!

+ In the name of the Father, and of the Son, and of the Holy Spirit. Amen

**Hail Mary full of Grace, the Lord is with thee. Blessed are thou amongst women and blessed is the fruit of thy womb Jesus. Holy Mary Mother of God, pray for us sinners now and at the hour of our death. Amen.**

+ In the name of the Father, and of the Son, and of the Holy Spirit. Amen

## Favorite Fiction Club

Favourite Fiction Club is back!

Every Wednesday 3.30 pm – 4.30 pm in the Library.

Open to all year groups.

Mr Hallows

Cover Supervisor



## World Book Day

Don't forget to use your £1 book token. This can be spent at a large number of bookshops. Mrs Cockcroft has a few spare tickets in the library if you need another one! You either get £1 off a book costing more than £2.99 or you can exchange your token for one of a number of free books written especially for World Book Day. The tokens are valid from now until 31st March 2024.

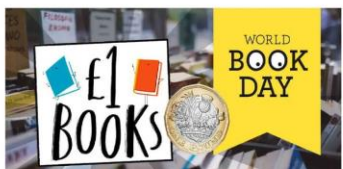
Only under 18's can use a token and you can only use one token per transaction. You can find lots more information at: [www.worldbookday.com](http://www.worldbookday.com)

I hope you decide to buy a brilliant book with your token!

Mrs Hunter

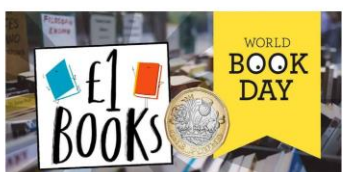
Teacher of English and Media Studies






There are a number of books which have been written and published exclusively for World Book Day. Some of these are ideal for secondary age children, these appear below. You can find more information on these books at [www.worldbookday.com](http://www.worldbookday.com). If you hand your £1 world book day token to a bookshop, you will get one of these books for free. Enjoy your reading!

 <b>InvestiGators: High-Rise Hinks</b> <small>John Patrick Green — Christopher Hastings — Pat Lee</small>	 <b>Can You Get Jellyfish in Space?</b> <small>DE BHELIA KANAN Illustrated by Liz Kay</small>	 <b>Loki: Tales of a Bad God</b> <small>LOUIE STOWELL</small>	 <b>ONYEKA AND THE SECRET SUPERHERO</b> <small>TOLA OKOGWU</small>	 <b>THE AMAZING EDIE ECKHART: THE FRIEND MISSION</b> <small>ROSTIE JONES</small>
<small>InvestiGators: Hi-Rise Hijinks Macmillan Children's Books</small>	<small>Can You Get Jellyfish in Space? Puffin</small>	<small>Loki: Tales of a Bad God Walker Books</small>	<small>Onyeka and the Secret Superhero Simon &amp; Schuster Children's Books</small>	<small>The Amazing Edie Eckhart: The Friend Mission Hachette Children's Group</small>



The free books are also available as an audio book or in a Braille or large print version. You can find more details at [www.worldbookday.com](http://www.worldbookday.com). All the books are printed on off white paper so they are easier for children with dyslexia to read.

Have fun!

 <b>DREAD WOOD: CREEPY CREATIONS</b> <small>JENNIFER KILLICK</small>	 <b>The Doomsday Date</b> <small>FARIDAH ABIKE-IYIMIDE</small>	 <b>DINOSAUR CLUB: ON THE TRAIL OF A T. rex</b> <small>DK</small>	 <b>MARV AND THE ULTIMATE SUPERPOWER</b> <small>OXFORD UNIVERSITY PRESS</small>
<small>Dread Wood: Creepy Creations Farrar</small>	<small>The Doomsday Date Usborne</small>	<small>Dinosaur Club: On the Trail of a T. rex DK</small>	<small>Marv and the Ultimate Superpower Oxford University Press</small>

## Get Caught Reading

Following World Book Day, teachers are out and about looking for students who are 'getting caught reading' - this will continue into next week.

If you are seen reading in the corridor, before school, during break or lunchtime then you will be awarded with a 'Get Caught Reading Voucher' - these can then be presented to any English teacher who will reward you with respect points!

Bring your books next week and 'Get Caught Reading'!

Mrs Hunter

English Teacher and Literacy Lead



## Foyle Young Poets of the Year

### Foyle Young Poets of the Year Award 2024 opens this week!

This year's competition opened on 7th March and you have until 31 July to enter!

If you think you might be interested in entering you can see last year's winners [online](#), along with the accompanying [anthology](#) of commended poems.

The award is open to anyone aged 11-17. Students can enter the competition individually or via their English teacher.

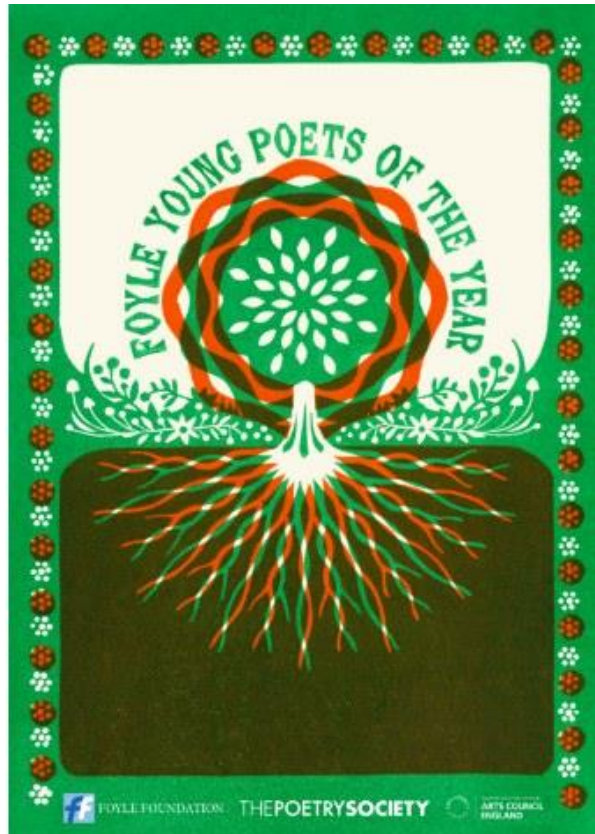
On Tuesday 12th March, 4.30 pm - 5.30 pm, students aged 14-17 can sign up to join a live session on Zoom run by the Young Poet's Society, where they can learn more about the award. There will be an opportunity to meet the judges as well as the chance to take part in some writing activities. Places are limited, please email [FYP@poetrysociety.org.uk](mailto:FYP@poetrysociety.org.uk) to book.

We'd love to see some of our students' work entered into the competition. Everyone who enters receives an e-certificate of participation, which they can print and display with pride, while the winners receive a range of prizes, including books and talent development support from The Poetry Society, such as publication, performance and mentoring!

To find out more please visit [foyleyoungpoets.org](http://foyleyoungpoets.org)

Mrs Bishop

Head of Communications Faculty



## Book Of The Week

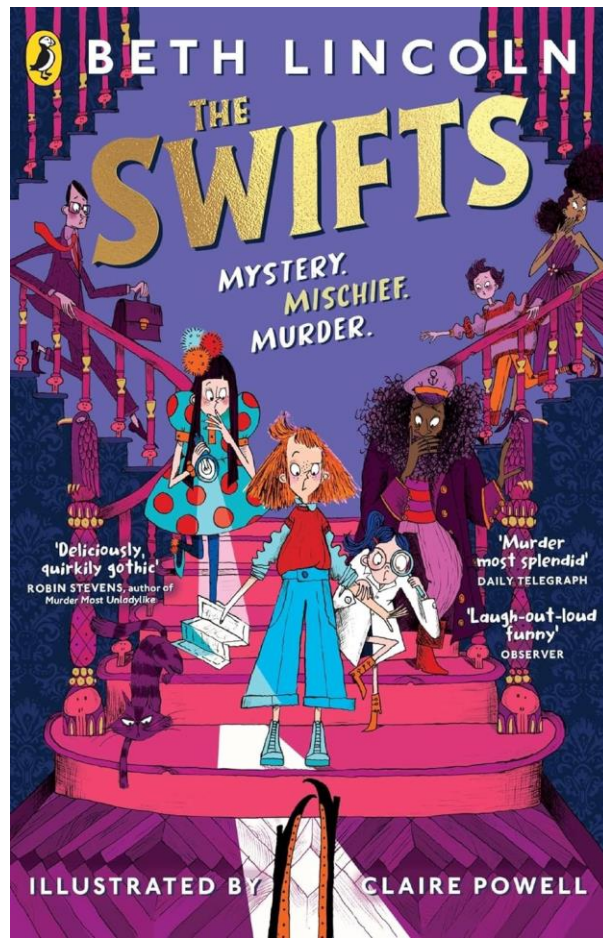
### **The Swifts written by Beth Lincoln**

On the day they are born, each Swift is brought before the sacred Family Dictionary. They are given a name that it is assumed they will grow up to match. Unfortunately, Shenanigan Swift has other ideas. Shenanigan knows she can be whatever she wants, which is lucky really, because when one of the family tries to murder Arch-Aunt Schadenfreude, someone has to work out who did it. Can Shenanigan catch the killer before everyone in her family are murdered? And in a family where definitions are so important, can she learn to define herself?

The Swifts is available to read in our college library.

Mrs Sullivan

Reader Leader



1 - [The Swifts by Beth Lincoln](#)

## GCSE Drama Needs You!

With exam season upon us, some of the year 11 candidates who have opted for costume design are looking for a few items that you might have at home. If anyone could lend or donate any of the following items for our performance of 'Shakers', which is set in a cocktail bar during the 1980's, we would be most grateful.

- Black waistcoats - all sizes
- Lycra black mini / pencil skirts
- cropped / stirrup / pedal pusher style black trousers
- Sets of braces
- White stiletto heels / white flat pumps / white deck shoes

Please take any donations to the drama studio. Thank you in advance for your support.


Mrs Davies

Teacher of Drama










## Tuesday Week 2



**Main Meal**

Thai chicken & savoury rice	£2.35	Wheat/gluten/milk/soya
Jacket potato & beans	£1.25	
add cheese	£1.05	Milk

**Veggie Option**

Spicy 5-bean chilli, rice & tortillas	£2.35	Egg
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**Grab and Go**

Burger/Cheeseburger	£1.75	Gluten
Caribbean beef panini	£1.65	Wheat/gluten/milk
Pepperoni pizza	£1.25	Wheat/gluten/milk
Roast potato pot	£0.75	
Arrabiatta pasta pot	£1.05	Wheat/gluten
Tomato & spinach past	£1.05	Wheat/gluten
Selection of sub rolls	£1.65	Allergens detailed on product
Various small filled roll	£0.75	Allergens detailed on product
Soup and bread roll*	£1.50	Wheat/gluten

\*Tomato or Sweet potato & butternut (\*from November 23)

**Salad bar**


Salad box	£1.05	
Tuna	£1.05	Fish/milk/egg
Eggs (x2)	£1.05	Egg
Ham	£1.05	Sulphates
Cheese pot	£1.05	Milk


**Drinks**

Water	£0.50	
Milk carton	£0.65	Milk
Various flavours		
Radnor fizz	£0.70	
Radnor splash	£0.50	

**Snacks**

Granola pot	£1.05	Wheat/gluten/milk
Yoghurt	£1.00	Milk
Fruit pot	£1.50	
Yum Yum	£0.85	Wheat/milk
Doughnut	£0.70	Wheat
Popcorn	£1.00	
Proper Chips	£1.00	





## Wednesday Week 2



**Main Meal**

Mini toads, mash, veg & gravy	£2.35	Gluten/milk
Jacket potato & beans	£1.25	
add cheese	£1.05	Allergens detailed on product

**Veggie Option**

Vegetarian mini toads, mash, veg & gravy	£2.35	Gluten/milk
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**Grab and Go**

Chicken goujon wraps	£1.75	Wheat/gluten
Pulled pork panini	£1.65	Wheat/gluten/milk
Pepperoni pizza	£1.25	Wheat/gluten/milk
Potato pots	£0.75	
Steak Slice	£1.55	Wheat/gluten
Tomato & spinach pasta	£1.05	Wheat/gluten
Selection of sub rolls	£1.65	Allergens detailed on product
Various small filled rolls	£0.75	Allergens detailed on product
Soup and bread roll*	£1.50	Wheat/gluten

\*Tomato or Sweet potato & butternut (\*from November 23)

**Salad bar**

Salad box	£1.05	
Tuna	£1.05	Fish/milk/egg
Eggs (x2)	£1.05	Egg
Ham	£1.05	Sulphates
Cheese pot	£1.05	Milk

**Drinks**

Water	£0.50	
Milk carton	£0.65	Milk
Various flavours		
Radnor fizz	£0.70	
Radnor splash	£0.50	

**Snacks**

Granola pot	£1.05	Wheat/gluten/milk
Yoghurt	£1.00	Milk
Fruit pot	£1.50	
Yum Yum	£0.85	Wheat/milk
Doughnut	£0.70	Wheat
Popcorn	£1.00	
Proper Chips	£1.00	





## Thursday Week 2



**Main Meal**

Beef chow mein & prawn crackers	£2.35	Wheat/gluten/milk/soya
Jacket potato & beans	£1.25	
add cheese	£1.05	Milk

**Veggie Option**

Vegetable noodles and crackers	£2.35	Gluten
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**Grab and Go**

Spicy chicken fajita	£1.60	Wheat/gluten
Bacon & egg panini	£1.65	Wheat/gluten/milk
Pepperoni pizza	£1.25	Wheat/gluten/milk
Paprika spicy wedges	£0.75	
Tomato & spinach pasta	£1.05	Wheat/gluten
Cold pesto, spinach & tomato pasta pot	£1.05	Wheat/gluten
Selection of sub rolls	£1.65	Allergens detailed on product
Small filled roll	£0.75	Allergens detailed on product
Soup and bread roll*	£1.50	Wheat/gluten

\*Tomato or Sweet potato & butternut (\*from November 23)

**Salad bar**

Salad box	£1.05
Tuna	£1.05
Eggs (x2)	£1.05
Ham	£1.05
Cheese pot	£1.05


**Drinks**

Water	£0.50
Milk carton	£0.65
Various flavours	Milk
Radnor fizz	£0.70
Radnor splash	£0.50


**Snacks**

Granola pot	£1.05	Wheat/gluten/milk
Yoghurt	£1.00	Milk
Fruit pot	£1.50	
Yum-Yum	£0.85	Wheat/milk
Doughnut	£0.70	Wheat
Popcorn	£1.00	
Proper Chips	£1.00	





## Friday Week 2



**Main Meal**

Scampi popcorn, chips and beans	£2.35	Wheat/gluten/fish
Jacket potato & beans	£1.25	
add cheese	£1.05	Milk

**Veggie Option**

Vegetable burger and chips	£2.35	Gluten
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**Grab and Go**

Mac cheese tuk tuk	£1.05	Wheat/gluten/milk
Mozzarella & tomato panini	£1.65	Wheat/gluten/milk
Cheese & tomato pizza	£1.25	Wheat/gluten/milk
Cheese & ham toastie	£1.05	Wheat/gluten/milk
Cheese bites & salad	£1.65	Milk
Nachos & salsa	£0.65	
Nachos & guacamole	£1.00	
Chips	£1.00	
Selection of sub rolls	£1.65	Allergens detailed on product
Small filled roll	£0.75	Allergens detailed on product
Soup and bread roll*	£1.50	Wheat/gluten

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## Communications Sent out This Week

Years 7, 8 & 9 - Active in Mind

Year 11 DT students - GCSE DT Coursework

Selected Students - Paul Hannaford Workshop



## Instagram Highlights











You can follow our Instagram link [here](#)

## Numeracy Challenge

This week's 3 respect points go to Hope and Cian of 9S. Congratulations!

Mr Asamoah

## Teacher of maths and Numeracy Coordinator

A display of work done by Hope and Cian below in respective order.

**WEEK 11 SESSION 1** - Answer as many questions as you can in 5 mins

**MENTAL STRATEGIES** - do these in your head

Q	Question	Answer
1	$\square \div 8 = 10$	2
2	What is double 4?	8
3	What is half of 70?	35
4	$62 + 80 = \square$	142
5	$156 + \square = 160$	4
6	$17 + 15 = \square$	32
7	$6 + 3 = \square$	9
8	$14 + 11 = 14 + 6 + \square$	5
9	$1 + 896 = \square$	897
10	$35 + 91 = 30 + 90 + \square$	6
Total out of 10		10

**TIMESTABLES** - do these in your head

Q	Question	Answer
1	$10 \times 8 = \square$	80
2	$70 \div 10 = \square$	7
3	$18 \div 6 = \square$	3
4	$30 \div 6 = \square$	5
5	$12 \times 5 = \square$	60
6	$7 \times \square = 49$	7
7	$2 \times \square = 63$	31.5
8	$24 \div \square = 8$	3
9	$30 \div 5 = \square$	6
10	$\square \div 2 = 9$	18
Total out of 10		10

**KEY SKILLS** - you may use written calculations for these questions

Q	Question	Answer
1	$371 \div 7 = \square$	53
2	$2 \times (6 \times 3)$	36
3	$17.18 \div 0.2$	85.9
4	$0.04 \times 10$	0.4
5	$70.11 - 23.48$	46.63
6	Simplify 30/60	1/2
7	Difference between 2 and -3	5
8	Value of the dot	10
9	What is the value of 15?	225
10	What is 20% of £100?	20
Total out of 10		10

**WEEK 11 SESSION 1** - Answer as many questions as you can in 5 mins

**MENTAL STRATEGIES** - do these in your head

Q	Question	Answer
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8	$24 \div \square = 8$	3
9	$30 \div 5 = \square$	6
10	$\square \div 2 = 9$	18
Total out of 10		10

**KEY SKILLS** - you may use written calculations for these questions

Q	Question	Answer
1	$371 \div 7 = \square$	53
2	$2 \times 9 = 3$	5
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6	Simplify 30/60	1/2
7	Difference between 2 and -3	5
8	Value of the dot	10
9	What is the value of 15?	225
10	What is 20% of £100?	20
Total out of 10		10

What's your **MENTAL** Score?  
Fill in your scores in the boxes and calculate it now!

MENTAL STRATEGIES: 10  
TIMESTABLES: 10  
KEY SKILLS: 10 +

MY **MENTAL** BELT: Black  
MENTAL SCORE: 30

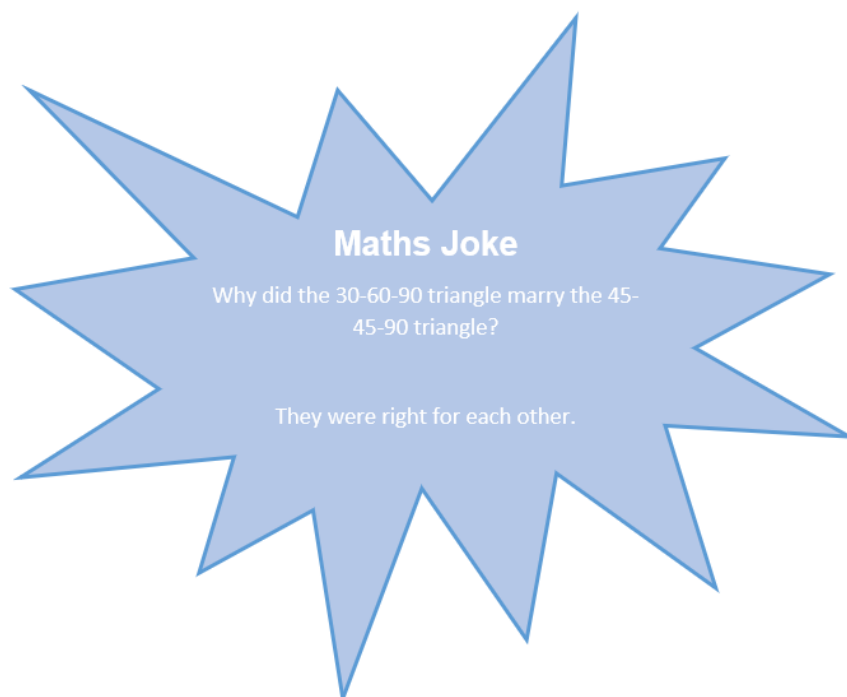
What's your **MENTAL** Score?  
Fill in your scores in the boxes and calculate it now!

MENTAL STRATEGIES: 10  
TIMESTABLES: 10  
KEY SKILLS: 10 +

MY **MENTAL** BELT: Black  
MENTAL SCORE: 30

Full Leader board will be shared next week.

Our front runners at the moment are 7B, 8N, 9E and 10T.



## Week Commencing 11th March 2024 - Week B

*We are occasionally asked to promote activities/clubs etc. from local groups. Such activities are not quality assured by the college and parent/carers should be aware of the need to reassure themselves of the quality and safety of the services on offer, for example by visiting, looking at information reports etc.*