



St Benedict's Catholic College  
Newsletter Issue 19 - Friday 2nd  
February 2024

## Message from the Principal

Dear parents, carers, students and friends

This week it has been really super to see our young people making the most of some excellent new resources that the college has invested in to further enhance the learning experience at St Benedict's. We have some amazing Technogym equipment that students are really enjoying during PE lessons and clubs, as well as new interactive resources in our Music Department. The maths department have been facilitating some fun workshops all week, led by The Puzzle Company. Our young people have really enjoyed developing their logic, thinking and team working skills to solve a whole range of puzzles and challenges.

Learning in all its forms is rewarded every lesson through our Learning Champions initiative. This week Orla, Victoria, Aiden, Rose and Jerry were winners of the weekly draw and were presented with highlighters by Mrs Santinelli and Mr Callaghan at lunchtime today. We love seeing the energy and commitment to learning! Don't forget that there are half-termly and termly draws too, so get those tickets out of blazer pockets and into the collection point in the Manning Foyer.

Teachers were very busy with packed lists of appointments yesterday evening, as year 11 parent teacher consultation evening took place. This is a crucial time for our year 11 students as they prepare for the next series of mock examinations in the build up to GCSEs, so it was great to be able to advise and support parents and carers with top tips to help enhance their children's progress. Sincere thanks to all our dedicated staff who are running revision classes as well as providing resources and expert guidance for our year 11 students.

Mrs J E Santinelli

Principal



## Chaplaincy



### Friday 2nd February 2024

#### Feast of the Presentation of the Lord

"Candlemass" is also a traditional name given to today's feast because as early as the fifth century, the custom of celebrating this feast with lighted candles had developed. The lit candles symbolised Simeon's prophecy that Jesus would be "a light for revelation to the Gentiles."

Lord God, Give us a heart as beautiful, pure and spotless as yours. A heart like yours, so full of love and humility. May we be able to receive Jesus as the Bread of Life, to love Him and to serve Him under the mistreated face of the poor around the world.

With Lent just around the corner, CARITAS have launched a campaign which encourages young people to take photos that capture the beauty of our local environment. See the poster below for more details!

Mr Fusi

Lay Chaplain

**OUR COMMON HOME  
IN FOCUS**

**Caritas Diocese of Brentwood  
invites you to take part in  
our Lenten Photo Challenge.**

This opportunity encourages us to appreciate the beauty in our local environment, capturing everyday moments like the splendour of flowers, architecture, and community connections across Essex and East London, fostering a deeper connection with God and emphasising our shared responsibility to care for our common home.

All you need to do is take a picture that reminds you of the joy of God's creation in your local area and email it to [caritasphoto@brcdt.org](mailto:caritasphoto@brcdt.org) telling us the School or Parish you are from in the Diocese of Brentwood and why you chose this photo.

## Godspell Tickets

Tickets are still available to purchase for our college musical 'Godspell'.

Please come and support us by purchasing your tickets on ParentPay.

The students and staff have worked so hard, on and off stage and we are hoping to provide a fantastic experience for our community. 'Godspell' is a fun and engaging performance that uses The

Gospel of St Matthew to infuse new hope into the hearts of everyone. With hit songs such as 'Day by Day', our students cannot wait to showcase their unbelievable talent and dedication. Don't miss out!

Mrs Davies

Teacher of drama

St Benedict's Catholic College  
Presents



**THE AWARD WINNING,  
HIT MUSICAL!**

**Directed and choreographed by Mrs Davies  
Musical Direction by Mrs Orme**

Performances at **7.00 pm** in The Manning Hall on  
**Wednesday 14<sup>th</sup>, Thursday 15<sup>th</sup> &  
Friday 16<sup>th</sup> February 2024**

**Tickets are available on ParentPay for £5**

Doors open at 6.15 pm

Refreshments and programmes available for purchase (card only)

Conceived and originally directed by John-Michael Tebelak  
Music and New Lyrics by Stephen Schwartz  
Performed with permission from IMT Broadway Junior Collection

## National Apprenticeship Week

National Apprenticeship Week (NAW) takes place between 5th to 11th February 2024. This is an opportunity for the education and skills sector to celebrate the achievements of apprentices around the country and the positive impact they make to communities, businesses, and the wider economy.

Apprenticeships have changed over the last years. Gone are the days when they are exclusive to plumbing, hairdressing and bricklaying. Nowadays, you can do an apprenticeship in anything: Law, Banking, Science, Engineering and Marketing to name a few. For more information on apprenticeship please use this [link](#).

To mark this event, we would like to signpost a couple of resources that our partners at UNIFROG, our comprehensive careers platform, have shared with the college:

- **Apprenticeships Fair: 7th February from 4.30 - Sign up [here](#)!** During this virtual fair, students can explore the latest apprenticeship opportunities, attend live sessions with top

employers including KPMG, Lloyds Banking Group and Unilever, and network one-on-one to get top tips on how to find and apply for your dream apprenticeship

- **Apprenticeships Tool** - Search the most comprehensive database of apprenticeships and degree apprenticeships in the UK. Filter by distance from home, qualification level, salary, and other factors to discover, shortlist, and compare the best opportunities. Find the [Apprenticeship tool](#) under 'Searching for opportunities' on the student side of the platform. Students should log in using their Unifrog account.

We hope that you will find these useful and you will join us in celebrating this event!

Mrs Martin

Careers coordinator

## eSafety Training with 'The 2 Johns'

To mark 'Safer Internet Week' and support our commitment to our students online safety, on 8th February 2024 the 2 Johns will be visiting St Benedict's.

They will spend an hour with each year group during the day, explaining to them about online safety and how to keep themselves out of dangerous situations. It promises to be an invaluable session for our young people.

We would like to invite parents and carers to join the 2 Johns at 6.00 pm to learn about supporting your young person whilst they navigate the online world. The event is free and will take place in the Manning Hall. You can book up to 2 seats per family, however, we would remind parents that this is a session for adults, so please leave your young person/people at home.

Please book a place via this link: <https://forms.office.com/e/HpuEe99LRi>

We look forward to welcoming you to college on 8th February.

Mrs M Davis

Assistant Principal - Safeguarding



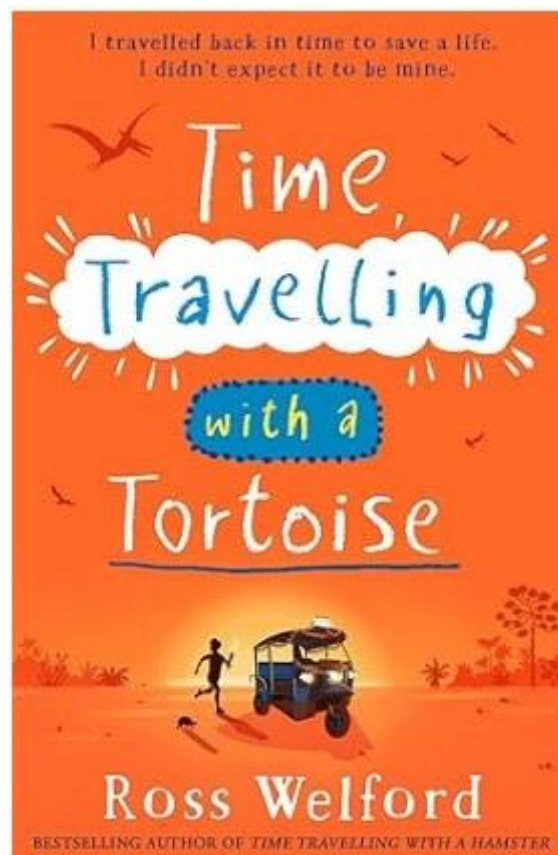
## Lost and Found

If your child(ren) have lost any item at college, it may have been handed in to the college reception.

Check out our website or click [here](#) to have a look at what is currently in our lost and found. Items will be kept for 2 weeks and then donated to charity or disposed.



## Book Of The Week



1 - [Time Travelling with a Tortoise by Ross Welford](#)

An exciting and funny adventure, the sequel to Ross Welford's bestselling novel Time Travelling with a Hamster.

Al Chaudhury travelled back in time to save his father's life and it worked; Al's dad is alive again and life is back to the way it should be or at least, that's what Al thinks. However, when an accident robs Al's beloved Grandpa Byron of his world-beating memory, Al is forced back in time again, this time leaving someone behind, trapped in a prehistoric dimension. Al is forced into a rescue mission to recover his friend from the past... and to make sure that there will be a future waiting for them all. It turns out time travel is far more complicated than Al thought.

Mrs Sullivan

Reader Leader

## 2023 Top Reads

KS4 and looking for your next read?

These books are some favourites from 2023 and are all available in the school library!

Mrs C Hunter


Teacher of English and Media Studies



## Catering Menu - Week B

Please ensure your child's ParentPay meal account is in credit. Any new deposits for the day must be made by 8.20 am in order for funds to clear in time for break.

For the full list of menu choices this week, please click on [here](#)



## Monday Week 2



**Main Meal**

Chilli con carnie, rice & tortillas	£2.35	Wheat/gluten/milk/soya
Jacket potato & beans	£1.25	
add cheese	£1.05	Milk

**Veggie Option**

Quorn chicken & savoury rice	£2.35	Egg
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**Grab and Go**

Chicken goujon wrap	£1.75	Gluten
Brie & bacon panini	£1.65	Wheat/gluten/milk
Cheese & tomato pizza	£1.25	Wheat/gluten/milk
Spicy potato wedges	£0.75	
Cous cous & veg tuk tuk	£1.05	Gluten
Cold pesto, spinach & tomato pasta pot	£1.05	Wheat/gluten
Selection of sub rolls	£1.65	Allergens detailed on product
Various small filled roll	£0.75	Allergens detailed on product
Soup and bread roll*	£1.50	Wheat/gluten

\*Tomato or Sweet potato & butternut (\*from November 23)

**Salad bar**

Salad box	£1.05
Tuna	£1.05
Eggs (x2)	£1.05
Ham	£1.05
Cheese pot	£1.05


**Drinks**

Water	£0.50
Milk carton	£0.65
Various flavours	
Radnor fizz	£0.70
Radnor splash	£0.50


**Snacks**

Granola pot	£1.05	Wheat/gluten/milk
Yoghurt	£1.00	Milk
Fruit pot	£1.50	
Yum Yum	£0.85	Wheat/milk
Doughnut	£0.70	Wheat
Popcorn	£1.00	
Proper Chips	£1.00	





## Tuesday Week 2



**Main Meal**

Thai chicken & savoury rice	£2.35	Wheat/gluten/milk/soya
Jacket potato & beans	£1.25	
add cheese	£1.05	Milk

**Veggie Option**

Spicy 5-bean chilli, rice & tortillas	£2.35	Egg
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**Grab and Go**

Burger/Cheeseburger	£1.75	Gluten
Caribbean beef panini	£1.65	Wheat/gluten/milk
Pepperoni pizza	£1.25	Wheat/gluten/milk
Roast potato pot	£0.75	
Arrabiatta pasta pot	£1.05	Wheat/gluten
Tomato & spinach past	£1.05	Wheat/gluten
Selection of sub rolls	£1.65	Allergens detailed on product
Various small filled roll	£0.75	Allergens detailed on product
Soup and bread roll*	£1.50	Wheat/gluten

\*Tomato or Sweet potato & butternut (\*from November 23)

**Salad bar**


Salad box	£1.05
Tuna	£1.05
Eggs (x2)	£1.05
Ham	£1.05
Cheese pot	£1.05

**Drinks**

Water	£0.50
Milk carton	£0.65
Various flavours	
Radnor fizz	£0.70
Radnor splash	£0.50


**Snacks**

Granola pot	£1.05	Wheat/gluten/milk
Yoghurt	£1.00	Milk
Fruit pot	£1.50	
Yum Yum	£0.85	Wheat/milk
Doughnut	£0.70	Wheat
Popcorn	£1.00	
Proper Chips	£1.00	





## Wednesday Week 2



**Main Meal**

Mini toads, mash, veg & gravy	£2.35	Gluten/milk
Jacket potato & beans	£1.25	
add cheese	£1.05	Allergens detailed on product

**Veggie Option**

Vegetarian mini toads, mash, veg & gravy	£2.35	Gluten/milk
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**Grab and Go**

Chicken goujon wraps	£1.75	Wheat/gluten
Pulled pork panini	£1.65	Wheat/gluten/milk
Pepperoni pizza	£1.25	Wheat/gluten/milk
Potato pots	£0.75	
Steak Slice	£1.55	Wheat/gluten
Tomato & spinach pasta	£1.05	Wheat/gluten
Selection of sub rolls	£1.65	Allergens detailed on product
Various small filled rolls	£0.75	Allergens detailed on product
Soup and bread roll*	£1.50	Wheat/gluten

\*Tomato or Sweet potato & butternut (\*from November 23)

**Salad bar**

Salad box	£1.05
Tuna	£1.05
Eggs (x2)	£1.05
Ham	£1.05
Cheese pot	£1.05


**Drinks**

Water	£0.50
Milk carton	£0.65
Various flavours	
Radnor fizz	£0.70
Radnor splash	£0.50


**Snacks**

Granola pot	£1.05	Wheat/gluten/milk
Yoghurt	£1.00	Milk
Fruit pot	£1.50	
Yum Yum	£0.85	Wheat/milk
Doughnut	£0.70	Wheat
Popcorn	£1.00	
Proper Chips	£1.00	





## Thursday Week 2



**Main Meal**

Beef chow mein & prawn crackers	£2.35	Wheat/gluten/milk/soya
Jacket potato & beans	£1.25	
add cheese	£1.05	Milk

**Veggie Option**

Vegetable noodles and crackers	£2.35	Gluten
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**Grab and Go**

Spicy chicken fajita	£1.60	Wheat/gluten
Bacon & egg panini	£1.65	Wheat/gluten/milk
Pepperoni pizza	£1.25	Wheat/gluten/milk
Paprika spicy wedges	£0.75	
Tomato & spinach pasta	£1.05	Wheat/gluten
Cold pesto, spinach & tomato pasta pot	£1.05	Wheat/gluten
Selection of sub rolls	£1.65	Allergens detailed on product
Small filled roll	£0.75	Allergens detailed on product
Soup and bread roll*	£1.50	Wheat/gluten

\*Tomato or Sweet potato & butternut (\*from November 23)

**Salad bar**


Salad box	£1.05
Tuna	£1.05
Eggs (x2)	£1.05
Ham	£1.05
Cheese pot	£1.05

**Drinks**

Water	£0.50
Milk carton	£0.65
Various flavours	
Radnor fizz	£0.70
Radnor splash	£0.50

**Snacks**

Granola pot	£1.05	Wheat/gluten/milk
Yoghurt	£1.00	Milk
Fruit pot	£1.50	
Yum Yum	£0.85	Wheat/milk
Doughnut	£0.70	Wheat
Popcorn	£1.00	
Proper Chips	£1.00	



## Friday Week 2

### Main Meal

Scampi popcorn, chips and beans	£2.35	Wheat/gluten/fish
Jacket potato & beans	£1.25	
add cheese	£1.05	Milk

### Veggie Option

Vegetable burger and chips	£2.35	Gluten
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### Grab and Go

Mac cheese tuk tuk	£1.05	Wheat/gluten/milk
Mozzarella & tomato panini	£1.65	Wheat/gluten/milk
Cheese & tomato pizza	£1.25	Wheat/gluten/milk
Cheese & ham toastie	£1.05	Wheat/gluten/milk
Cheese bites & salad	£1.65	Milk
Nachos & salsa	£0.65	
Nachos & guacamole	£1.00	
Chips	£1.00	

Selection of sub rolls	£1.65	Allergens detailed on product
Small filled roll	£0.75	Allergens detailed on product
Soup and bread roll*	£1.50	Wheat/gluten

Tomato or Sweet potato & butternut (\*from November 23)

### Salad bar

Salad box	£1.05	
Tuna	£1.05	Fish/milk/egg
Eggs (x2)	£1.05	Egg
Ham	£1.05	Sulphates
Cheese pot	£1.05	Milk
<b>Drinks</b>		
Water	£0.50	
Milk carton	£0.65	Milk
Various flavours		

Radnor fizz	£0.70
Radnor splash	£0.50

### Snacks

Granola pot	£1.05	Wheat/gluten/milk
Yoghurt	£1.00	Milk
Fruit pot	£1.50	
Yum Yum	£0.85	Wheat/milk
Doughnut	£0.70	Wheat
Popcorn	£1.00	
Proper Chips	£1.00	

## Communications Sent Out This Week

Year 10 - Art & Media Studies Students

Select Students - Consent Form for Godspell

## Instagram Highlights









You can follow our Instagram link [here](#)

## Numeracy Challenge

Well done and thanks for your hard work. This week's 3 respect points go Addison and Jarde of 7N. Congratulations

Mr Asamoah

Teacher of maths and Numeracy Coordinator

WEEK 32 SESSION 1 - Answer as many questions as you can in 5 mins

MENTAL STRATEGIES - do these in your head		TIMESTABLES - do these in your head		KEY SKILLS - you may use written calculations for these questions	
Q	Answer	Q	Answer	Q	Answer
1	$10 \div 2 = 5$	1	$8 \times 4 = 32$	1	$344 \div 4 = 86$
2	Double 1	2	$9 \div 3 = 3$	2	$8 \times 2 = 16$
3	Half 39	3	$8 \times 5 = 40$	3	$765.28 \div 8 = 95.66$
4	$51 \div 30 = 1.7$	4	$3 \times 7 = 21$	4	$7.83 \div 88.91 = 0.088$
5	$44 \div 47 = 0.936$	5	$18 \div 3 = 6$	5	$(-36) \div (-4) = 9$
6	$6 \div 4 = 1.5$	6	$4 \times 7 = 28$	6	$8 \times 3 = 24$
7	$12 \div 13 = 0.923$	7	$3 \times 8 = 24$	7	$3 \times 3 = 9$
8	$47 - 9 = 38$	8	$20 \div 5 = 4$	8	$20 \div 5 = 4$
9	$9 \div 363 = 0.0248$	9	$42 \div 7 = 6$	9	$42 \div 7 = 6$
10	$48 \div 61 = 0.787$	10	$8 \times 9 = 72$	10	$8 \times 9 = 72$
Total out of 10		Total out of 10		Total out of 10	

What's your NINJA Score? Fill in your scores in the boxes and calculate it now!

MENTAL STRATEGIES: 10  
TIMESTABLES: 10  
KEY SKILLS: 10

My NINJA BELT: Black  
NINJA SCORE: 30

Leader board as of Thursday 1st February 2024

Leaderboard			
7S	755	9S	945
7T	803	9T	898
7B	753	9B	995
7E	802	9E	1198
7N	831	9N	644
7D	444	9D	933
8S	1111	10S	201
8T	890	10T	402
8B	597	10B	458
8E	781	10E	321
8N	885	10N	426
8D	927	10D	86

### Maths Joke

Keith: 'How many sides does a square have?'

Joey: 'Six'

Keith: 'You are an idiot! How did you figure that out?'

Joey: 'Well it has a top, a bottom, a left side, a right side,  
an inside and an outside!'

## Week Commencing 5th February 2024 - Week B

*We are occasionally asked to promote activities/clubs etc. from local groups. Such activities are not quality assured by the college and parent/carers should be aware of the need to reassure themselves of the quality and safety of the services on offer, for example by visiting, looking at information reports etc.*