

# St Benedict's Catholic College

## Newsletter Issue 17 - Friday 19th January 2024

### Message from the Principal

Dear parents, carers, students and friends

It is always a pleasure to celebrate the learning and achievements of our young people, both inside and outside of our college. We're so proud of Miggy in year 9, who is competing in the CBBC programme 'Style it Out' at the moment. It's also great to see all the students who've been helping style and create the costumes for our upcoming college musical Godspell. We haven't been able to have a big production like this since Jesus Christ Superstar in 2019, so we're really looking forward to the performances on the 14th, 15th and 16th February. Tickets are available on ParentPay now. Lots of our young people are busy rehearsing for the production as performers, singers and backstage crew – huge thanks to Mrs Davies and Mrs Orme who are giving up their time to provide this super extra-curricular opportunity for students.

Our students are well known for wearing their uniforms with pride, both here and on their journeys to and from college. Please can I ask for your continued support in ensuring that necklaces, bracelets and dangly earrings are not worn to college, as they are not suitable and would be missed if lost.

Mrs J E Santinelli

Principal

### Chaplaincy



**FOLLOW ME**  
AND I WILL  
MAKE YOU  
FISHERS  
of MEN

MATTHEW 4:19

## Friday 19th January 2024

### SECOND WEEK OF ORDINARY TIME

"As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the sea—for they were fishermen. And Jesus said to them, "Follow me and I will make you fishers of men." And immediately they left their nets and followed him." – Mark 1:14-19

+ In the name of the Father, and of the Son, and of the Holy Spirit. Amen

**Loving God, you have called us to be fishers of men, proclaiming the good news and spreading your love to those around us. Give us the confidence to be open about our faith and share it with others through our words and through our actions. Amen**

+ In the name of the Father, and of the Son, and of the Holy Spirit. Amen

A reminder to students that there is a meeting in room 33 after college on Tuesday 23rd January for any students who are interested in going on the Lourdes pilgrimage in the Summer. This is an opportunity to ask any questions, get any help applying for funds and think about different ways to

fundraise for the trip. If you are unable to attend the meeting, you are still more than welcome to apply for a place on the BCYS website and then speak to me and I can help direct you towards different bursaries. It is an incredible experience for any young person to deepen their faith as well as meet like-minded individuals from across Essex and East London. [BCYS Summer Lourdes 2024 - Brentwood Catholic Youth Service](#)

Best wishes and God bless,

Mr Fusi

Lay Chaplain



## Year 11 GCSE English Revision Guides

We would like to offer a final opportunity to order GCSE English revision guides in preparation for exams this summer. Revision guides have been added to [ParentPay](#) and are available to purchase until Friday 2nd February.

If you are unsure of the resources required, students should speak with their English teacher who will be able to offer guidance.

Mrs Bishop

Head of Communications

## Year 11 GCSE Revision Sessions

The most up to date information about the year 11 learning journey, including useful tips and advice for you on how to effectively support your child with their GCSE preparation at home, is available on the college website and can be accessed using the following [link](#). Heads of department and subject coordinators have updated the revision session timetable and our year 11 students have already started to attend in large numbers. The [timetable](#) has been emailed to their college email address, however you can find a copy of it on the Year 11 GCSE support page as well.

Mr Cretu

Assistant Principal

## Godspell Tickets

St Benedict's Catholic College  
Presents



### **THE AWARD WINNING HIT MUSICAL!**

Directed and choreographed by Mrs C. Davies

Musical direction by Mrs S. Orme

Performances at 7.00 pm in the Manning Hall on  
**Wednesday 14<sup>th</sup>, Thursday 15<sup>th</sup> &  
Friday 16<sup>th</sup> February 2024**

Tickets are available on ParentPay for £5.

Tickets may be available to be purchased on the door depending on availability. Doors open at 6.45pm. Refreshments and programmes available for purchase.

Conceived and originally directed by John-Michael Tebelak

Music and New Lyrics by Stephen Schwartz

Performed with permission from MTI Broadway Junior Collection

We are excited to announce that tickets are now ON SALE for our college musical Godspell!

Please come and support us by purchasing your tickets on ParentPay.

The students and staff have worked so hard, on and off stage, and we are hoping to provide a fantastic experience for our community. Godspell is a fun and engaging performance that uses the Gospel of St Matthew to infuse new hope into the hearts of everyone. With hit songs such as 'Day by Day', our students cannot wait to showcase their unbelievable talent and dedication. Don't miss out!

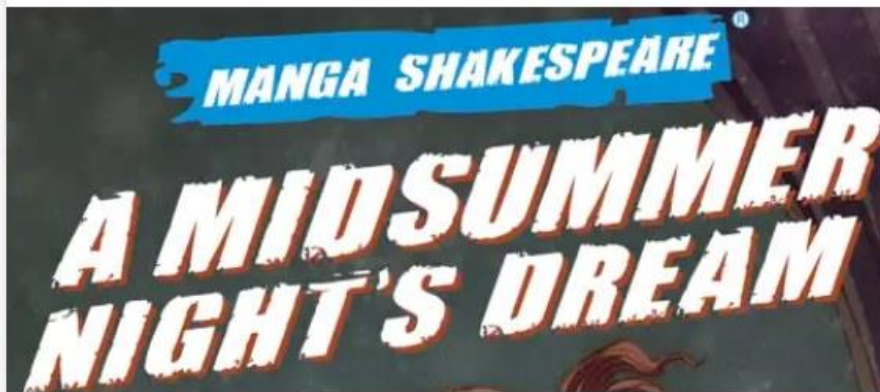
Mrs Davies

Teacher of Drama

## Digital Theatre Plus



**Macbeth**



**Manga Shakespeare: A Midsummer Night's Dream**



**The Tempest**

Years 7-10 are all studying Shakespeare this term, meanwhile year 11 are busy revising for their mock exams. With this in mind, we would remind families of Digital Theatre Plus - a fantastic resource which the college subscribes to. There are plenty of resources here to support learning of a wide range of literature texts and it is particularly good for Shakespeare!



Students can log on [here](#) or via the 'Student' tab on the college website. They can then access hundreds of professional productions of Shakespeare and other plays, as well as insightful interviews with actors on characters and key scenes. There are even Manga versions of the plays!

Year 11 students will also find resources for 'An Inspector Calls' and 'Dr Jekyll and Mr Hyde' which may help them in their revision.

Mrs Bishop

Head of Communications

## Godspell Costume Workshop

Cast members, please bring your costume and a hanger to create your costume alterations!

Costume workshops will be held at lunchtime on Thursday 25th January and Thursday 1st February in the art room.

See you there!

Mrs Davies

Teacher of Drama

## Sparx Reader

**Attention Year 7 & Year 8 students and parents/carers**

**Sparx Reader is coming!**

We're excited to let you know that we've partnered with Sparx to start using their new reading platform: **Sparx Reader**. **Year 7** and **Year 8** are going to be using the platform as part of a limited trial period. Our goal with this trial is to enhance our students' reading ability and engagement with reading.

From 26<sup>th</sup> January 2024, your child will be using **Sparx Reader** to complete weekly homework to read for 30 minutes. Your child's homework will be set on **Friday at 9.00 am** and due the following **Friday at 8.00 am** every week.

**Sparx Reader** helps every student to achieve regular independent reading, which is incredibly important for building the vital literacy skills needed to access KS3 curriculums and GCSE exam papers in **every** subject.



Struggle to read at home? Come along to one of our Sparx Reader clubs.

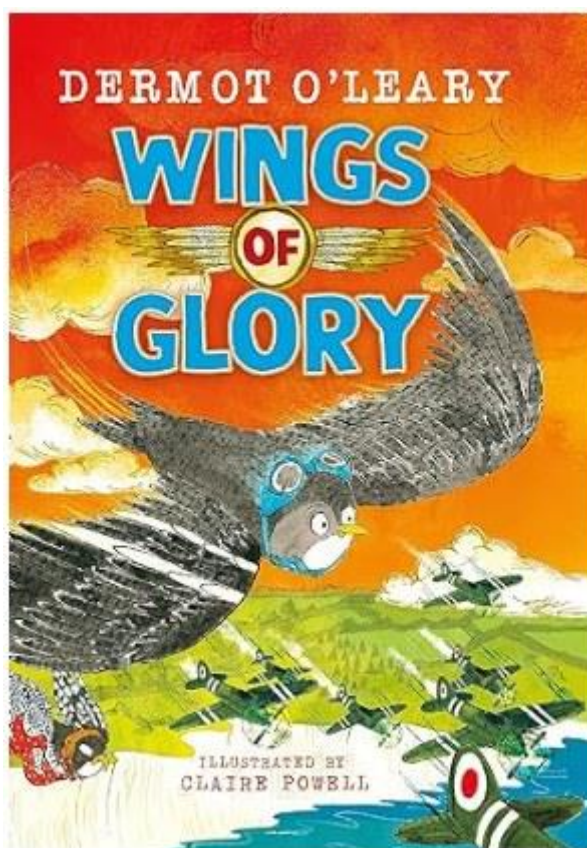
**Tuesday before school**  
8.00 am – 8.45 am  
in Room 6

**Thursday after school**  
3.30 pm – 4.15 pm  
in the Library



If you have any questions, please contact our Literacy Co-ordinator Mrs Hunter: [c.hunter@stbenedicts.essex.sch.uk](mailto:c.hunter@stbenedicts.essex.sch.uk)

## Book of the Week



1 - [Wings of Glory by Dermot O'Leary](#)

### **Wings of Glory by Dermot O'Leary**

Can one tiny bird help to win a world war? This is a funny action adventure story with a feathery twist from bestselling children's author, TV presenter and former student of St Benedict's, Dermot O'Leary.

It's 1940 and the world is at war. Linus, a swift, has always dreamed of flying with the Royal Bird Force and making a name for himself as a squadron leader. So when he and his sister, Ava, have the opportunity to volunteer, he jumps at the chance. However, it's a dangerous journey and Ava goes missing before they manage to reach the airfield for training. Now Linus has two missions: to help the war effort and find his sister.


Mrs Sullivan

Reader Leader


## Catering Menu - Week B

Please ensure your child's ParentPay meal account is in credit. Any new deposits for the day must be made by 8.20 am in order for funds to clear in time for break.

For the full list of menu choices this week, please click on [here](#)



## Monday Week 2



**Main Meal**

Chilli con carnie, rice & tortillas	£2.35	Wheat/gluten/milk/soya
Jacket potato & beans	£1.25	
add cheese	£1.05	Milk

**Veggie Option**

Quorn chicken & savoury rice	£2.35	Egg
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**Grab and Go**

Chicken goujon wrap	£1.75	Gluten
Brie & bacon panini	£1.65	Wheat/gluten/milk
Cheese & tomato pizza	£1.25	Wheat/gluten/milk
Spicy potato wedges	£0.75	
Cous cous & veg tuk tuk	£1.05	Gluten
Cold pesto, spinach & tomato pasta pot	£1.05	Wheat/gluten
Selection of sub rolls	£1.65	Allergens detailed on product
Various small filled roll	£0.75	Allergens detailed on product
Soup and bread roll*	£1.50	Wheat/gluten

\*Tomato or Sweet potato & butternut (\*from November 23)

**Salad bar**

Salad box	£1.05
Tuna	£1.05
Eggs (x2)	£1.05
Ham	£1.05
Cheese pot	£1.05

**Drinks**

Water	£0.50
Milk carton	£0.65
Various flavours	
Radnor fizz	£0.70
Radnor splash	£0.50


**Snacks**

Granola pot	£1.05	Wheat/gluten/milk
Yoghurt	£1.00	Milk
Fruit pot	£1.50	
Yum Yum	£0.85	Wheat/milk
Doughnut	£0.70	Wheat
Popcorn	£1.00	
Proper Chips	£1.00	





## Tuesday Week 2



**Main Meal**

Thai chicken & savoury rice	£2.35	Wheat/gluten/milk/soya
Jacket potato & beans	£1.25	
add cheese	£1.05	Milk

**Veggie Option**

Spicy 5-bean chilli, rice & tortillas	£2.35	Egg
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**Grab and Go**

Burger/Cheeseburger	£1.75	Gluten
Caribbean beef panini	£1.65	Wheat/gluten/milk
Pepperoni pizza	£1.25	Wheat/gluten/milk
Roast potato pot	£0.75	
Arrabiatta pasta pot	£1.05	Wheat/gluten
Tomato & spinach past	£1.05	Wheat/gluten
Selection of sub rolls	£1.65	Allergens detailed on product
Various small filled roll	£0.75	Allergens detailed on product
Soup and bread roll*	£1.50	Wheat/gluten

\*Tomato or Sweet potato & butternut (\*from November 23)

**Salad bar**


Salad box	£1.05
Tuna	£1.05
Eggs (x2)	£1.05
Ham	£1.05
Cheese pot	£1.05

**Drinks**

Water	£0.50
Milk carton	£0.65
Various flavours	
Radnor fizz	£0.70
Radnor splash	£0.50

**Snacks**

Granola pot	£1.05	Wheat/gluten/milk
Yoghurt	£1.00	Milk
Fruit pot	£1.50	
Yum Yum	£0.85	Wheat/milk
Doughnut	£0.70	Wheat
Popcorn	£1.00	
Proper Chips	£1.00	







## Wednesday Week 2



**Main Meal**

Mini toads, mash, veg & gravy	£2.35	Gluten/milk
Jacket potato & beans	£1.25	
add cheese	£1.05	Allergens detailed on product

**Veggie Option**

Vegetarian mini toads, mash, veg & gravy	£2.35	Gluten/milk
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**Grab and Go**

Chicken goujon wraps	£1.75	Wheat/gluten
Pulled pork panini	£1.65	Wheat/gluten/milk
Pepperoni pizza	£1.25	Wheat/gluten/milk
Potato pots	£0.75	
Steak Slice	£1.55	Wheat/gluten
Tomato & spinach pasta	£1.05	Wheat/gluten
Selection of sub rolls	£1.65	Allergens detailed on product
Various small filled rolls	£0.75	Allergens detailed on product
Soup and bread roll*	£1.50	Wheat/gluten

\*Tomato or Sweet potato & butternut (\*from November 23)

**Salad bar**

Salad box	£1.05	
Tuna	£1.05	Fish/milk/egg
Eggs (x2)	£1.05	Egg
Ham	£1.05	Sulphates
Cheese pot	£1.05	Milk


**Drinks**

Water	£0.50	
Milk carton	£0.65	Milk
Various flavours	£0.70	
Radnor fizz	£0.70	
Radnor splash	£0.50	

**Snacks**

Granola pot	£1.05	Wheat/gluten/milk
Yoghurt	£1.00	Milk
Fruit pot	£1.50	
Yum Yum	£0.85	Wheat/milk
Doughnut	£0.70	Wheat
Popcorn	£1.00	
Proper Chips	£1.00	





## Thursday Week 2



**Main Meal**

Beef chow mein & prawn crackers	£2.35	Wheat/gluten/milk/soya
Jacket potato & beans	£1.25	
add cheese	£1.05	Milk

**Veggie Option**

Vegetable noodles and crackers	£2.35	Gluten
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**Grab and Go**

Spicy chicken fajita	£1.60	Wheat/gluten
Bacon & egg panini	£1.65	Wheat/gluten/milk
Pepperoni pizza	£1.25	Wheat/gluten/milk
Paprika spicy wedges	£0.75	
Tomato & spinach pasta	£1.05	Wheat/gluten
Cold pesto, spinach & tomato pasta pot	£1.05	Wheat/gluten
Selection of sub rolls	£1.65	Allergens detailed on product
Small filled roll	£0.75	Allergens detailed on product
Soup and bread roll*	£1.50	Wheat/gluten

\*Tomato or Sweet potato & butternut (\*from November 23)

**Salad bar**

Salad box	£1.05	
Tuna	£1.05	Fish/milk/egg
Eggs (x2)	£1.05	Egg
Ham	£1.05	Sulphates
Cheese pot	£1.05	Milk

**Drinks**

Water	£0.50	
Milk carton	£0.65	Milk
Various flavours	£0.70	
Radnor fizz	£0.70	
Radnor splash	£0.50	

**Snacks**

Granola pot	£1.05	Wheat/gluten/milk
Yoghurt	£1.00	Milk
Fruit pot	£1.50	
Yum Yum	£0.85	Wheat/milk
Doughnut	£0.70	Wheat
Popcorn	£1.00	
Proper Chips	£1.00	



			<b>Friday Week 2</b>			
			<b>Main Meal</b>			
	Scampi popcorn, chips and beans	£2.35		Wheat/gluten/fish		
	Jacket potato & beans	£1.25				
	add cheese	£1.05		Milk		
			<b>Veggie Option</b>			
	Vegetable burger and chips	£2.35		Gluten		
<b>Grab and Go</b>			<b>Salad bar</b>			<b>Snacks</b>
Mac cheese tuk tuk	£1.05	Wheat/gluten/milk	Salad box	£1.05		Granola pot £1.05
Mozzarella & tomato panini	£1.65	Wheat/gluten/milk	Tuna	£1.05	Fish/milk/egg	Yoghurt £1.00
Cheese & tomato pizza	£1.25	Wheat/gluten/milk	Eggs (x2)	£1.05	Egg	Fruit pot £1.50
Cheese & ham toastie	£1.05	Wheat/gluten/milk	Ham	£1.05	Sulphates	Yum Yum £0.85
Cheese bites & salad	£1.65	Milk	Cheese pot	£1.05	Milk	Doughnut £0.70
Nachos & salsa	£0.65		<b>Drinks</b>			Popcorn £1.00
Nachos & guacamole	£1.00		Water	£0.50		Proper Chips £1.00
Chips	£1.00		Milk carton	£0.65	Milk	
Selection of sub rolls	£1.65	Allergens detailed on product	Various flavours			
Small filled roll	£0.75	Allergens detailed on product	Radnor fizz	£0.70		
Soup and bread roll*	£1.50	Wheat/gluten	Radnor splash	£0.50		
*Tomato or Sweet potato & butternut (*from November 23)						

## Communications Sent Out This Week

Select Students - GCSE English Language

Year 11 - [Leavers Information](#)

Year 11 - Virtual Parents Evening

Year 9 - Vaccination Consent Form

Year 7 & 8 - Sparx Reader

Selected Students - Godspell Tickets & Rehearsals

## Parking and Road Safety



May we kindly remind parents and carers to be courteous when parking and using the residential roads surrounding the college at the beginning and end of the day. There is a 20mph limit on these roads and parking restrictions in place. We have received a number of communications regarding inconsiderate parking and people using private driveways to turn their vehicles.

Thank you for your support in keeping our students and local community safe.

## Instagram Highlights











You can follow our Instagram link [here](#)

## Numeracy Challenge

Well done and thanks for your hard work this week. I am delighted to see that a good number of year 7 and 8 tutor groups have increased their number of 30/30 marks this week. Well done to you all.

This week's 3 respect points go to Rimante and Krzysztof of 10T. Congratulations!

Mr Asamoah

Teacher of maths and Numeracy Coordinator

A display of work done by Rimante and Krzysztof below in respective order.

### Topic: Circles (H)

1. What is the area of this circle to 1 decimal place?

355.3 cm<sup>2</sup> 452.4 cm<sup>2</sup> 37.7 cm<sup>2</sup> 113.1 cm<sup>2</sup>

2. Calculate the area of the semi-circle below. Round your answer to 2 decimal places.

40.10 cm<sup>2</sup> 191.13 cm<sup>2</sup> 95.57 cm<sup>2</sup> 49.01 cm<sup>2</sup>

3. A circle has an area of 16π. Which of the following is the correct calculation for working out the circle's radius?

$\frac{16\pi}{\pi} = 16$   $\frac{16\pi}{\pi} = 16$   $\frac{16\pi}{\pi} = 16$   $\frac{16\pi}{\pi} = 16$

4. Two semi-circles are placed next to each other in the diagram below. What is the total perimeter of the shape?

$\frac{16\pi}{2} + 8 + 8 = 45.70$   $16\pi \times \frac{3}{4} = 37.70$   $16\pi + 8\pi + 8 = 33.46$   $\frac{8\pi}{2} + \frac{8\pi}{2} + 8 = 26.85$

5. Calculate the area of the minor sector of the circle below. Leave your answer in terms of π.

5π cm<sup>2</sup>  $\frac{25\pi}{6}$  cm<sup>2</sup> 10π cm<sup>2</sup>  $\frac{25\pi}{60}$  cm<sup>2</sup>

#RAG123 Reason for rating:

K Math

Multiple choice quiz

5/5

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1. What is the area of this circle to 1 decimal place?

355.3 cm<sup>2</sup> 452.4 cm<sup>2</sup> 37.7 cm<sup>2</sup> 113.1 cm<sup>2</sup>

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#RAG123 Reason for rating:

K Math

Multiple choice quiz

5/5

Leader board as of Thursday 18th January 2024

Leaderboard			
7S	545	9S	613
7T	593	9T	456
7B	494	9B	765
7E	206	9E	707
7N	414	9N	450
7D	199	9D	464
8S	650	10S	107
8T	673	10T	96
8B	190	10B	261
8E	582	10E	226
8N	442	10N	86
8D	690	10D	86

### Maths Joke

Why do plants hate math?  
Because it gives them square roots.

## Week Commencing 22nd January 2024 - Week B

*We are occasionally asked to promote activities/clubs etc. from local groups. Such activities are not quality assured by the college and parent/carers should be aware of the need to reassure themselves of the quality and safety of the services on offer, for example by visiting, looking at information reports etc.*

## Parenting Teenagers Course - Kingsland Church

Kingsland Church will be offering the very popular Parentalk: The Teenage Years, parenting teenagers course again, starting in February 2024. The course runs for 6 weeks, with a break for the half term holiday, and covers the following topics:

- *Understanding your teenager*
- *Staying connected*
- *Identity*
- *Communication and conflict*
- *Big pressures ..... Good choices*
- *Letting go*

This is an evening course, 7.30 pm - 10.00 pm happening on the following dates:

- *15th February, 29th February, 7th March, 14th March, 21st March and 28th March*

There is no cost to attend, but any donations would be gratefully received towards the running costs. You will be provided with a course manual, home-made cake and refreshments.

If you would be interested in booking a place on this course, please email [ade@kingsland.org.uk](mailto:ade@kingsland.org.uk)