



# St Benedict's Catholic College

## Newsletter Issue 14 - Friday 15th December 2023

### Message from the Principal

Dear parents, carers, students and friends

Thank you so much for the generous donations made to our Christmas Foodbank appeal. We rounded off the collection this morning with festive tunes and a surprise appearance from Father Christmas himself! By the start of the college day our mini bus was loaded with essential items which will be taken to the Colchester Foodbank ready to be distributed to local families before Christmas.

On Tuesday and Thursday this week over 600 students enjoyed a delicious Christmas lunch, complete with pudding and crackers. Form tutors and students enjoyed sitting down to the meal together, sharing some terrible cracker jokes! A big thank you to Mrs Smith and the catering team who worked incredibly hard on both days. Thank you too to our wonderful office staff Mrs Clark, Mrs McKay, Mrs Chappell and all who helped serve and tidy up afterwards.

We're really grateful for the support given to our other fundraising activities, including our Nativity Scene raffle - the proceeds of this will go to support the incredible work of Brentwood Catholic Children's Society. There's still time to buy tickets via ParentPay before the draw takes place at our Christmas carol service on Monday evening at 6.00 pm - please do come along.

The last day of term is Wednesday 20th December and we return to college on Thursday 4th January.

On behalf of all the staff at the college, we wish everyone a very happy and holy Christmas.

Mrs J E Santinelli

Principal

### Chaplaincy

#### Carol service

The college carol service will be on Monday 18th December at 6.00 pm in the Manning Hall. If you would like to attend this wonderful and festive evening, please could you fill out the following form if you haven't done so already: <https://forms.office.com/e/b2iHD4V0i6>

#### Nativity set raffle

To be in with a chance to win this beautiful hand-made Nativity figures set and wooden stable, please find the "crib raffle" payment item on ParentPay. Tickets are £2 each. If you do not have a ParentPay account or you are having trouble with ParentPay, please contact the college office. All money raised will go to support the great work of Brentwood Catholic Children's Society.

Mr Fusi

Lay Chaplain

# Friday 15th December 2023

## Second week of Advent

“

*Do not be afraid but in everything, by prayer and petition, with thanksgiving, present your requests to God.*

**AND THE PEACE OF GOD,  
WHICH TRANSCENDS ALL  
UNDERSTANDING, WILL  
GUARD YOUR HEARTS AND  
YOUR MINDS IN CHRIST JESUS.**

**PHILIPPIANS 4:7**

+ In the name of the Father, and of the Son, and of the Holy Spirit. Amen

**Lord, I come before you ready to pour out my worries, anxieties, and fears. I am claiming and declaring Your promises for blessings of peace and strength over my life. Bring peace into my soul that passes all worldly understanding and make me a light for others to see Your strength. Amen.**

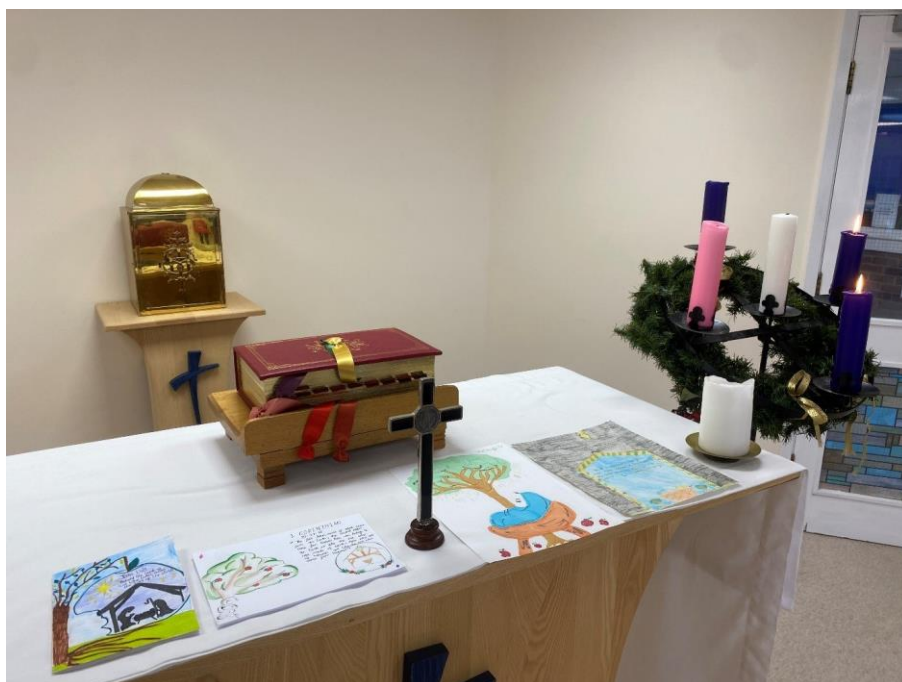
+ In the name of the Father, and of the Son, and of the Holy Spirit. Amen

## The Second Adam

In Year 7 RE, students have been tackling the rich yet perplexing texts of Genesis' creation stories by tackling both Chapter One and Two. It has been an insightful way to help us understand how to read the Bible. We have learnt that especially in the case of Genesis it reads very similarly to a poem and a romantic story where God's ultimate love is illustrated to us at the very conception of our creation. Whilst Darwin's theory of evolution takes precedent in understanding how we came to be as animals the Genesis story still informs us of God's lasting promise. Indeed, as mentioned in Paul's First Letter to the Corinthians as well as hinted in the second chapter of Genesis we are told of the coming of a "Second Adam", Jesus Christ: God's promise that he is with us, always. This radical love and this theme of Genesis' promise of Jesus' coming begins at Christmas. This is why we have run in 7N a Christmas card competition to fuse these narratives together and to highlight of the foretelling of Jesus found in Genesis. A real gap in the Christmas card market!

7N came up with some astonishingly detailed and beautiful cards which showed the birth of The Son of Man in this light. Mr Fusi, our lay chaplain, was on duty to judge these cards. It was tough competition but I am delighted to share that (in no particular order) Hettie, Noah, Ava and Sherise came out as joint champions. A chocolatey prize awaits them! A special mention to also Nico, Anaiah, Rezin And Esther for their wonderful contributions.





## Year 7 - Science Groups

Our year 7 students have settled well into college and have made a great success of their first term with us whilst they have been taught in their tutor groups. To help us provide the best levels of challenge and support students will be placed into science groups in the new year.

New timetables which reflect new groupings and allocated teachers for science will be available on Class Charts from 01/01/23.

Should you have any questions in relation to this, please contact myself and I will help with your enquiries.

Mr Jeffery

Head of Science

## Materials for Technology

If you have any unwanted small jam jars, newspapers, old sheet music and Christmas decorations/baubles, please donate them to the art and technology department

Please bring any donations to Mrs Stewart-Thomas in room 29. Thank you!

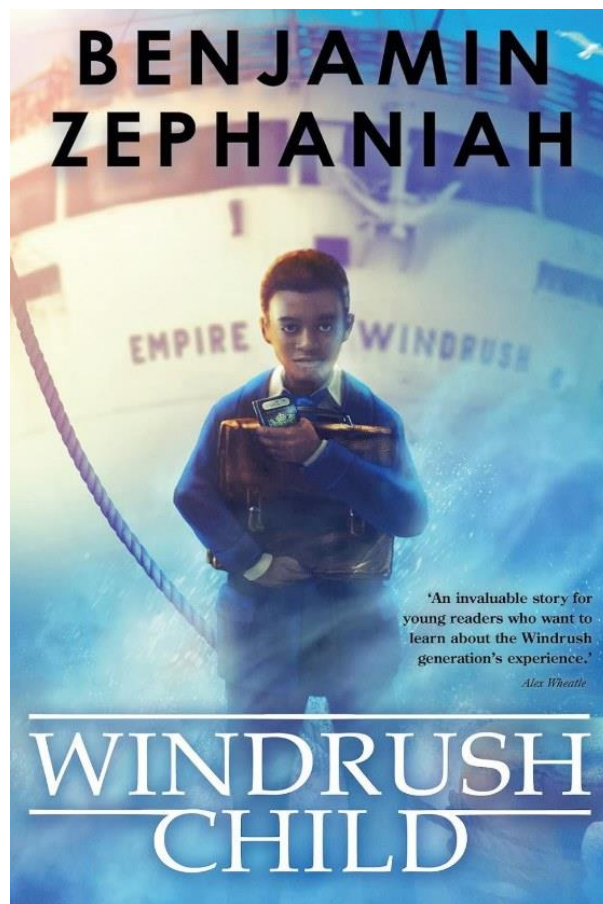
Mrs Stewart-Thomas

Head of Art, Design and Technology





## Book Of The Week



1 - [\*Windrush Child\* by Benjamin Zephaniah](#)

**Windrush Child by Benjamin Zephaniah, who sadly passed away recently at the age of 65.**

**Benjamin was an award winning writer, poet, actor and musician of Jamaican heritage.**

This is the story of Leonard, who at 10 years old makes the journey with his mother from Jamaica to join his father in England. Leonard is part of the Windrush generation, one of thousands of people who were persuaded by the government to help rebuild England after the Second World War, and to make a better life for themselves. Benjamin Zephaniah draws on his own experience of growing up in Britain in the 1960s to describe the difficulties Leonard and his family face: the freezing English weather, the awful food and the extremely unwelcoming people. The story begins by focusing on Leonard's childhood, but follows him all the way to 2018 when he is denied citizenship in the country he has lived in all his life: a tragic example of the Windrush scandal.

This book is available in the college library.

Mrs Sullivan

Reader Leader



## Catering Menu - Week A

Please ensure your child's ParentPay meal account is in credit. Any new deposits for the day must be made by 8.20 am in order for funds to clear in time for break.

For the full list of menu choices this week, please click on [here](#)

# Monday Week 1

## Main Meal

Sausage, mash & beans £2.35 Wheat/milk/gluten/soya/lactose

Jacket potato & beans £1.25

add cheese £1.05 Milk

## Veggie Option

Linda McCartney Sausage, £2.35  
mash & beans Soya/sulphates/wheat/milk

## Grab and Go

Chicken burger £1.75 Wheat/gluten/egg/milk

Noodles tuk tuk £1.05 Gluten

Brie & bacon panini £1.65 Milk/wheat/gluten

Cheese & tomato pizza £1.25 Milk/wheat/gluten

Spicy potato wedges £0.75

Tomato & spinach pasta £1.05 Wheat/gluten

Selection of sub rolls £1.65 Allergens detailed on product

Various small filled rolls £0.75 Allergens detailed on product

Soup and bread roll\* £1.50 Wheat/gluten

Tomato or Sweet potato & butternut (\*from November 23)

## Salad bar

Salad box £1.05

Tuna £1.05 Fish/milk/egg

Eggs (x2) £1.05 Egg

Ham £1.05 Sulphates

Cheese pot £1.05 Milk

## Drinks

Water £0.50

Milk carton £0.65 Milk

Various flavours

Radnor fizz £0.70

Radnor splash £0.50

## Snacks

Granola pot £1.05 Wheat/gluten/milk

Yoghurt £1.00 Milk

Fruit pot £1.50

Yum Yum £0.85 Wheat/milk

Doughnut £0.70 Wheat

Popcorn £1.00

Proper Chips £1.00





## Tuesday Week 1



### Main Meal

Chinese chicken curry, rice and naan	£2.35	Wheat/gluten
Jacket potato & beans	£1.25	
add cheese	£1.05	Milk

### Veggie Option

Vegetable curry and naan	£2.35	Wheat/gluten
--------------------------	-------	--------------

### Grab and Go

BBQ drumsticks	£1.75	
Caribbean panini	£1.65	Wheat/gluten/milk
Pepperoni pizza	£1.25	Wheat/gluten/milk
Cornish pasty	£0.75	Gluten/milk
Roast potato pot	£0.75	
Arrabiatta pasta pot	£1.05	Wheat/gluten
Tomato & spinach pasta	£1.05	Wheat/gluten
Selection of sub rolls	£1.65	Allergens detailed on product
Various small filled rolls	£0.75	Allergens detailed on product
Soup and bread roll*	£1.50	Wheat/gluten
Tomato or Sweet potato & butternut (*from November 23)		

### Salad bar

Salad box	£1.05	
Tuna	£1.05	Fish/milk/egg
Eggs (x2)	£1.05	Egg
Ham	£1.05	Sulphates
Cheese pot	£1.05	Milk
<b>Drinks</b>		
Water	£0.50	
Milk carton	£0.65	Milk
Various flavours		
Radnor fizz	£0.70	
Radnor splash	£0.50	

### Snacks

Granola pot	£1.05	Wheat/gluten/milk
Yoghurt	£1.00	Milk
Fruit pot	£1.50	
Yum Yum	£0.85	Wheat/milk
Doughnut	£0.70	Wheat
Popcorn	£1.00	
Proper Chips	£1.00	



## Wednesday Week 1



### Main Meal

Mac cheese loaded with Mexican Pork	£2.35	Wheat/gluten/milk/soya
Jacket potato & beans	£1.25	
add cheese	£1.05	Milk

### Veggie Option

Mac cheese & vegan Cumberland sausage	£2.35	Wheat/gluten/milk
---------------------------------------	-------	-------------------

### Grab and Go

Burger/Cheeseburger	£1.50	Celery/gluten
Pulled pork panini	£1.65	Wheat/gluten/milk
Pepperoni pizza	£1.25	Wheat/gluten/milk
Cornish pasty	£1.55	Wheat/gluten
Potato pots	£0.75	Wheat/gluten
Tomato & spinach pasta	£1.05	Wheat/gluten
Selection of sub rolls	£1.65	Allergens detailed on product
Various small filled rolls	£0.75	Allergens detailed on-product
Soup and bread roll*	£1.50	Wheat/gluten
Tomato or Sweet potato & butternut (*from November 23)		

### Salad bar

Salad box	£1.05	
Tuna	£1.05	Fish/milk/egg
Eggs (x2)	£1.05	Egg
Ham	£1.05	Sulphates
Cheese pot	£1.05	Milk
<b>Drinks</b>		
Water	£0.50	
Milk carton	£0.65	Milk
Various flavours		
Radnor fizz	£0.70	
Radnor splash	£0.50	

### Snacks

Granola pot	£1.05	Wheat/gluten/milk
Yoghurt	£1.00	Milk
Fruit pot	£1.50	
Yum Yum	£0.85	Wheat/milk
Doughnut	£0.70	Wheat
Popcorn	£1.00	
Proper Chips	£1.00	





## Instagram Highlights





You can follow our Instagram link [here](#)

## Numeracy Challenge

Well done and thanks for your hard work. This week's 3 respect points go to Michael and Katie of 9T. Congratulations!

Mr Asamoah

Teacher of maths and Numeracy Coordinator

A display of work done by Michael and Katie below in respective order

**WEEK 34 SESSION 2 - Answer as many questions as you can in 5 mins**

MENTAL STRATEGIES - do these in your head		TIMESTABLES - do these in your head		KEY SKILLS - you may use written calculations for these questions	
Q	Question	Answer	Q	Question	Answer
1	$5 + 3 = \square$	8	1	$8 \div \square = 2$	4
2	$78 \div \square = 100$	0.78	2	$4 \times \square = 24$	6
3	Half of 4	2	3	$27 \div \square = 9$	3
4	$142 - 10 = \square$	132	4	$\square \times 5 = 25$	5
5	$128 \div \square = 130$	2	5	$9 \times 7 = \square$	63
6	$33 \times 20 = \square$	660	6	$\square \div 5 = 7$	35
7	$279 - 277 = \square$	2	7	$4 \times 7 = \square$	28
8	$2 \times 5 = 10$ , so $10 \div 5 = \square$	2	8	$\square \div 3 = 3$	9
9	What is 01:19 in 12 hour clock format?	1:19	9	$24 \div \square = 6$	4
10	From 20:26, how many minutes until 20:53?	27	10	$5 \times \square = 20$	4
Total out of 10		10	Total out of 10		10

What's your **NUMJAX** Score? Fill in your scores in the boxes and calculate it now!

MENTAL STRATEGIES: 10  
TIMESTABLES: 10  
KEY SKILLS: 10

MY **NUMJAX** BELT: Black  
MY **NUMJAX** SCORE: 30

**WEEK 34 SESSION 2 - Answer as many questions as you can in 5 mins**

MENTAL STRATEGIES - do these in your head		TIMESTABLES - do these in your head		KEY SKILLS - you may use written calculations for these questions	
Q	Question	Answer	Q	Question	Answer
1	$5 + 3 = \square$	8	1	$8 \div \square = 2$	4
2	$78 \div \square = 100$	0.78	2	$4 \times \square = 24$	6
3	Half of 4	2	3	$27 \div \square = 9$	3
4	$142 - 10 = \square$	132	4	$\square \times 5 = 25$	5
5	$128 \div \square = 130$	2	5	$9 \times 7 = \square$	63
6	$33 \times 20 = \square$	660	6	$\square \div 5 = 7$	35
7	$279 - 277 = \square$	2	7	$4 \times 7 = \square$	28
8	$2 \times 5 = 10$ , so $10 \div 5 = \square$	2	8	$\square \div 3 = 3$	9
9	What is 01:19 in 12 hour clock format?	1:19	9	$24 \div \square = 6$	4
10	From 20:26, how many minutes until 20:53?	27	10	$5 \times \square = 20$	4
Total out of 10		10	Total out of 10		10

What's your **NUMJAX** Score? Fill in your scores in the boxes and calculate it now!

MENTAL STRATEGIES: 10  
TIMESTABLES: 10  
KEY SKILLS: 10

MY **NUMJAX** BELT: Black  
MY **NUMJAX** SCORE: 30



Full Leader board as of Thursday 14<sup>th</sup> December 2023 below

<u>Leaderboard</u>			
<b>7S</b>	<b>1408</b>	<b>9S</b>	<b>839</b>
<b>7T</b>	<b>1419</b>	<b>9T</b>	<b>1652</b>
<b>7B</b>	<b>876</b>	<b>9B</b>	<b>970</b>
<b>7E</b>	<b>1423</b>	<b>9E</b>	<b>1652</b>
<b>7N</b>	<b>1642</b>	<b>9N</b>	<b>1367</b>
<b>7D</b>	<b>1202</b>	<b>9D</b>	<b>1442</b>
<b>8S</b>	<b>1512</b>	<b>10S</b>	<b>506</b>
<b>8T</b>	<b>1108</b>	<b>10T</b>	<b>699</b>
<b>8B</b>	<b>808</b>	<b>10B</b>	<b>629</b>
<b>8E</b>	<b>1428</b>	<b>10E</b>	<b>244</b>
<b>8N</b>	<b>1574</b>	<b>10N</b>	<b>716</b>
<b>8D</b>	<b>1405</b>	<b>10D</b>	<b>591</b>

**Maths Joke**

Q: Why do you rarely find mathematicians spending time at the beach?

A: Because they can divide sin and cosine to get a tan!

## **Week Commencing Monday 18th December - Week A**

### **Christmas Holiday – Thursday 21st December 2023 - Wednesday 3rd January 2024**

*We are occasionally asked to promote activities/clubs etc. from local groups. Such activities are not quality assured by the college and parent/carers should be aware of the need to reassure themselves of the quality and safety of the services on offer, for example by visiting, looking at information reports etc.*