



St Benedict's Catholic College Newsletter Issue 13 - Friday 8th December 2023

Message from the Principal

Dear parents, carers, students and friends

A huge thank you to Fr Mark Swires who celebrated Mass for the college yesterday when we assembled in the sports hall to mark Advent. Frequently during the season of Advent we are urged to 'be ready' or 'prepare', but what are we being asked to get ready for? We are of course getting ready to welcome Jesus on Christmas day, but we are also being asked to be ready to welcome Jesus into our lives every day. In assemblies this week, Mrs Verhofstadt and I have been asking students to apply Jesus' exhortation to help others in our daily lives, to care for those in need and to be welcoming and inclusive in our attitudes. We promoted our annual collection for Colchester

Foodbank and invited each student to bring just one item to donate to this very worthy cause and place it in the wheelie bin in our dining room. Long life milk, tinned meat or fish, tinned fruit, tinned custard, toilet rolls, deodorant, shampoo, small jars of coffee, biscuits or festive treats are all welcome donations.

There is lots to look forward to as the end of term approaches. We have Christmas lunches taking place on Tuesday and Thursday next week, our Foodbank collection finishes on Friday 15th, when students can wear a Christmas jumper or accessory with their college uniform in exchange for bringing in a foodbank donation and then our annual carol service on Monday 18th December at 6.00 pm - please do come along to what will certainly be a lovely opportunity to get in the Christmas spirit. We will also be drawing the winner of our beautiful felt Nativity set and stable which is being raffled to support the fantastic work of BCCS. Details about how to buy tickets are in the Chaplaincy section of this newsletter.

Wishing everyone associated with the college a blessed second Sunday of Advent,

Mrs J E Santinelli

Principal

Chaplaincy

Carol Service

The college carol service will be on Monday 18th December at 6.00 pm in the Manning Hall. If you would like to attend this wonderful and festive evening, please could you fill out the following form if you haven't done so already: https://forms.office.com/e/b2iHD4V0i6

Nativity set raffle

To be in with a chance to win this beautiful hand-made Nativity figures set and wooden stable, please find the "crib raffle" section on ParentPay. Tickets are £2 each. If you do not have a ParentPay account or you are having trouble with ParentPay, please contact the college office. All money raised will go to support the incredible work of Brentwood Catholic Children's Society.

Reconciliation

Advent is a time of preparation and new beginnings, which means many Catholics take this opportunity to go to confession. As a result, there will be certain slots next week where students are invited to come out of a lesson to receive the Sacrament of Reconciliation. If you are interested, please ask Mr Fusi or any of your RE teachers. Alternatively, confession is also available at your local parish church and the timings can be found below:

- St Mary Immaculate & The Holy Archangels Saturday 9th December at 10.30 am
- Our Lady of Light & Saint Osyth Saturday 9th December at 11.00 am
- St James the Less and St Helen Saturdays after 9.30 am Mass (Priory Street) and after 5.00 pm Mass (Monkwick)
- St Teresa's, Lexden Saturdays at 11.00 am

Mr Fusi





Vomiting and Diarrhoea

If you have vomiting or diarrhoea, **you must remain home for 48 hours after symptoms clear**. Please notify the college each day of absence on **01206 516817** or emailing; attendance@stbenedicts.essex.sch.uk. Practise good hygiene by washing hands thoroughly with soap and warm water and drink plenty of fluids. If you are concerned contact NHS 111 or talk to your GP.



Year 9 Pathways

From Friday 8th December, year 9 students will have their second whole year group opportunity to register their interest in changing their Pathway subjects, depending on availability.

Students should fill in a digital form for which the link has already been emailed to them to their college email address.

It is important that students discuss Pathway changes with their current teacher, their form tutor, the teacher responsible for the subject they wish to move to, and their parents/carers. Students are required to confirm that they have done so in one of the sections of the form and will have to bring back a signed permission slip from their parent/carer by Friday 15th December.

The online form will close at 8.15 am on Friday 15th December to allow sufficient time for our students to reflect on their Pathway choices, revisit the GCSE Pathways support materials with their parents/carers and discuss with the relevant teacher for the subject they wish to move into about the requirements, challenges and benefits of studying their subject at GCSE level.

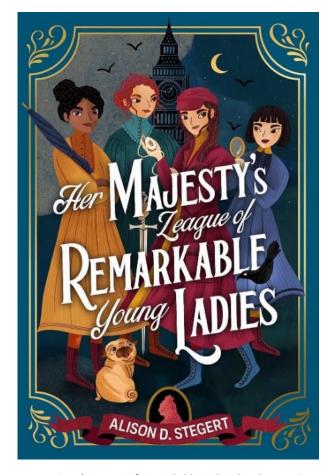
If the Pathway changes are possible, students will receive their new timetables on Monday 8th January. Alternatively, Mr McCourt will speak to the students concerned and together we will find a way forward.

For more information on this process, please click here

Mr Cretu

Assistant Principal

Book of the Week



1 - <u>Her Majesty's League of Remarkable Ladies, by Alison D. Stegert</u>

Her Majesty's League of Remarkable Ladies by Alison D. Stegert

Plots, spies and inventors abound in an epic adventure set between London and Paris. Mischief is afoot, and Queen Victoria is not amused. Her stalker must be stopped. Forget the cavalry - this is a job for Her Majesty's League of Remarkable Young Ladies! The League's newest recruit is Winifred Weatherby, a feisty girl genius and gadget maker. Winnie's creations are remarkable, but is she clever enough to protect the Queen and achieve her own dream of winning the top prize in Paris for young inventors?

This is available from the college library.

Mrs Sullivan

Reader Leader

Communications sent out this week

Carol Service - All years

Christmas Lunch update - Years 7, 9 and 11

Catering Menu - Week B

Please ensure your child's ParentPay meal account is in credit. Any new deposits for the day must be made by 8.20 am in order for funds to clear in time for break.

For the full list of menu choices this week, please click on here

40	Mond	day We	ek 2		SA Ini
Ch	ain Meal illi con carnie, rice & to cket potato & beans	£1.25	Wheat/gluten/milk/s	oya	ORA ET LABORA
	add cheese eggie Option orn chicken & savoury	£1.05	Milk Egg		
Grab and Go		Salad bar		Snacks	
Chicken goujon wrap	£1.75 Gluten	Salad box	£1.05	Granola pot	£1.05 Wheat/
Brie & bacon panini	£1.65 Wheat/gluten/milk	Tuna	£1.05 Fish/milk/	Yoghurt	£1.00 Milk
Cheese & tomato pizza	£1.25 Wheat/gluten/milk	Eggs (x2)	£1.05 Egg	Fruit pot	£1.50
Spicy potato wedges	£0.75	Ham	£1.05 Sulphates	Yum Yum	£0.85 Wheat/milk
Cous cous & veg tuk tul	k £1.05 Gluten	Cheese pot	£1.05 Milk	Doughnut	£0.70 Wheat
Cold pesto, spinach & tomato pasta pot	£1.05 Wheat/gluten	Drinks Water	£0.50	Popcorn Proper Chips	£1.00 £1.00
Selection of sub rolls	£1.65 Allergens detailed on product	Milk carton Various flavours	£0.65 Milk		
Various small filled roll	£0.75 Allergens detailed on product	Radnor fizz	£0.70		
Soup and bread roll* Tomato or Sweet potato & butternut (*from November 23)	£1.50 Wheat/gluten	Radnor splash	£0.50		
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Tuesday Week 2



Main Meal

Thai chicken & savoury rice £2.35 Wheat//gluten/milk/soya Jacket potato & beans £1.25 add cheese £1.05 Milk

Veggie Option

Spicy 5-bean chilli, rice & tortillas £2.35 Egg

Grab and Go			Salad bar			Snacks		
Burger/Cheeseburger	£1.75	Gluten	Salad box	£1.05		Granola pot	£1.05	Wheat/ gluten/milk
Caribbean beef panini	£1.65	Wheat/gluten/milk	Tuna	£1.05	Fish/milk/ egg	Yoghurt	£1.00	Milk
Pepperoni pizza	£1.25	Wheat/gluten/milk	Eggs (x2)	£1.05	Egg	Fruit pot	£1.50	
Roast potato pot	£0.75		Ham	£1.05	Sulphates	Yum Yum	£0.85	Wheat/milk
Arrabiatta pasta pot	£1.05	Wheat/gluten	Cheese pot	£1.05	Milk	Doughnut	£0.70	Wheat
Tomato & spinach pasta	£1.05	Wheat/gluten	Drinks			Popcorn	£1.00	
Selection of sub rolls	£1.65	Allergens detailed on product	Water	£0.50		Proper Chips	£1.00	
Various small filled roll	£0.75	Allergens detailed on product	Milk carton Various flavours	£0.65	Milk			
Soup and bread roll*	£1.50	Wheat/gluten	Radnor fizz	£0.70				
Tomato or Sweet potato & butternut (*from November 23)			Radnor splash	£0.50				



Wednesday Week 2



Main Meal

Mini toads, mash, veg & gravy £2.35 Gluten/milk Jacket potato & beans £1.25 Allergens detailed or product £1.05 add cheese

Veggie Option

£2.35 Vegetarian mini toads, mash, veg & gravy

Gluten/milk

Grab and Go			Salad bar			Snacks		
Chicken goujon wraps	£1.75	Wheat/gluten	Salad box	£1.05		Granola pot	£1.05	Wheat/ gluten/milk
Pulled pork panini	£1.65	Wheat/gluten/milk	Tuna	£1.05	Fish/milk/ egg	Yoghurt	£1.00	Milk
Pepperoni pizza	£1.25	Wheat/gluten/milk	Eggs (x2)	£1.05	Egg	Fruit pot	£1.50	
Potato pots	£0.75		Ham	£1.05	Sulphates	Yum Yum	£0.85	Wheat/milk
Steak Slice	£1.55	Wheat/gluten	Cheese pot	£1.05	Milk	Doughnut	£0.70	Wheat
Tomato & spinach pasta	£1.05		Drinks			Popcorn	£1.00	
Selection of sub rolls	£1.65	Allergens detailed on product	Water	£0.50		Proper Chips	£1.00	
Various small filled rolls	£0.75	Allergens detailed on product	Milk carton Various flavours	£0.65	Milk			
Soup and bread roll*	£1.50	Wheat/gluten	Radnor fizz	£0.70				
Tomato or Sweet potato & butternut (*from November 23)			Radnor splash	£0.50				



Thursday Week 2



Main Meal

Beef chow mein & prawn crackers	£2.35	Wheat/gluten/milk/soya
Jacket potato & beans	£1.25	
add cheese	£1.05	Milk

Veggie Option
Vegetable noodles and crackers £2.35 Gluten

Grab and Go		Salad bar		Snacks		
Spicy chicken fajita	£1.60 Wheat/gluten	Salad box	£1.05	Granola pot	£1.05	Wheat/ gluten/milk
Bacon & egg panini	£1.65 Wheat/gluten/milk	Tuna	£1.05 Fish/milk/	Yoghurt	£1.00	Milk
Pepperoni pizza	£1.25 Wheat/gluten/milk	Eggs (x2)	£1.05 Egg	Fruit pot	£1.50	
Paprika spicy wedges	£0.75	Ham	£1.05 Sulphates	Yum Yum	£0.85	Wheat/milk
Tomato & spinach pasta	£1.05 Wheat/gluten	Cheese pot	£1.05 Milk	Doughnut	£0.70	Wheat
Cold pesto, spinach &	£1.05 Wheat/gluten	Drinks		Popcorn	£1.00	
tomato pasta pot	£1.05 Wheavgitten	Water	£0.50	Proper Chips	£1.00	
Selection of sub rolls	£1.65 Allergens detailed on product	Milk carton Various flavours	£0.65 Milk			
Small filled roll	£0.75 Allergens detailed on product	Radnor fizz	£0.70			
Soup and bread roll* Tomato or Sweet potato &	£1.50 Wheat/gluten	Radnor splash	£0.50			



Friday Week 2

£2.35



Main Meal

Scampi popcorn, chips and beans	£2.35	Wheat/gluten/fish
Jacket potato & beans	£1.25	
add cheese	£1.05	Milk

Veggie Option

Vegetable burger and chips

Gluten

Grab and Go			Salad bar			<u>Snacks</u>		
Mac cheese tuk tuk	£1.05	Wheat/gluten/milk	Salad box	£1.05		Granola pot	£1.05	Wheat/ gluten/milk
Mozzarella & tomato panini	£1.65	Wheat/gluten/milk	Tuna	£1.05	Fish/milk/	Yoghurt	£1.00	Milk
Cheese & tomato pizza	£1.25	Wheat/gluten/milk	Eggs (x2)	£1.05	Egg	Fruit pot	£1.50	
Cheese & ham toastie	£1.05	Wheat/gluten/milk	Ham	£1.05	Sulphates	Yum Yum	£0.85	Wheat/milk
Cheese bites & salad	£1.65	Milk	Cheese pot	£1.05	Milk	Doughnut	£0.70	Wheat
Nachos & salsa	£0.65		Drinks			Popcorn	£1.00	
Nachos & guacamole	£1.00		Water	£0.50		Proper Chips	£1.00	
Chips	£1.00		Milk carton Various flavours	£0.65	Milk			
Selection of sub rolls	£1.65	Allergens detailed on product	Radnor fizz	£0.70				
Small filled roll	£0.75	Allergens detailed on product	Radnor splash	£0.50				
Soup and bread roll* Tomato or Sweet potato & butternut (*from November 23)	£1.50	Wheat/gluten						

Instagram Highlights









You can follow our Instagram link <u>here</u>

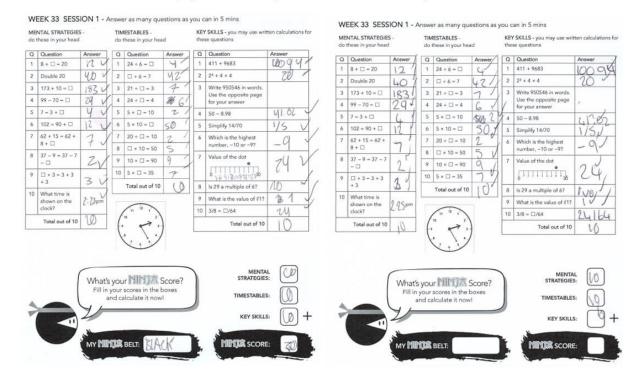
Numeracy Challenge

Well done and thanks for your hard work. This week's 3 respect points go to Ana and Aurora of 9N. Congratulations!

Mr Asamoah

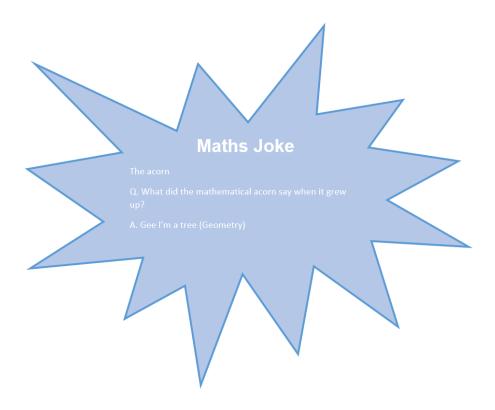
Teacher of maths and Numeracy Coordinator

A display of work done by Ana and Aurora below in respective order



Full Leader board as of Thursday morning 06th December 2023 below

	Leaderboard									
75	1193	95	707							
7T	1211	9T	1406							
7B	876	9B	718							
7E	1216	9E	1411							
7N	1182	9N	1148							
7D	1202	9D	1196							
85	1290	105	283							
8T	684	10T	593							
8B	808	10B	519							
8E	1231	10E	244							
8N	877	10N	586							
8D	706	10D	591							



Week Commencing 11th December 2023 - Week B

We are occasionally asked to promote activities/clubs etc. from local groups. Such activities are not quality assured by the college and parent/carers should be aware of the need to reassure themselves of the quality and safety of the services on offer, for example by visiting, looking at information reports etc.

Every Child Deserves the Magic of Christmas

As families decorate their tree and prepare for Father Christmas to visit, it's hard to believe there are children of all ages across Essex who have never experienced Christmas before. Foster carers Sheila and her husband are bringing the magic of Christmas to vulnerable children in care. Watch her video to hear her heart-warming story of how they are restoring the childhood magic of Christmas time.

We carefully match children to your family and support you every step of the way. Could you consider fostering and transform a child's life?

Visit www.essex.gov.uk/foster or call 0800 801 530 to find out more.

