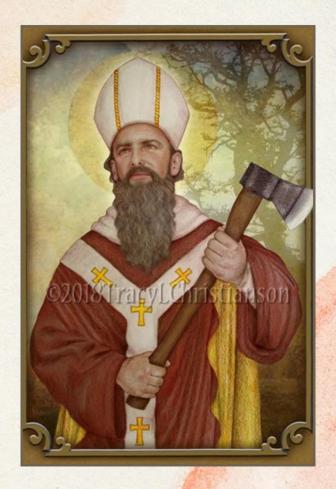
### Monday 5th June 2023

FEAST OF SAINT BONIFACE

Saint Boniface is most famous for his ministry in Germany. Knowing that the locals worshipped different gods, Boniface gathered the people around, approached the giant oak tree dedicated to Thor with an axe and began swinging at the base of the tree. Finally with a crack, the tree split in four parts that fell to the ground in the shape of a cross.



Almighty God, you used your faithful servant, Saint Boniface, to spread your message of love and hope all over the world. Help us, today, to be demonstrations of your love and grace through our thoughts, words and actions. Amen

## Tuesday 6th June 2023

NINTH WEEK OF ORDINARY TIME

The theme for this week is kindness. One of the most radical things Jesus taught his followers was "love your enemy" which we still find hard to do today! But Jesus said that we should not only love our enemies, but we should "pray for those who persecute you".



#### Loving God,

You were put to death, yet still presented love and forgiveness to those who persecuted you. Help me to love and forgive, be slow to anger and to have patience as I go through my day today.

Amen.

# Wednesday 7th June 2023

#### NINTH WEEK OF ORDINARY TIME

"Above all else,

guard your heart,

for everything you

do flows from it"

Lord God,

Help me to be kind to myself and to guard my heart against my own criticisms and negativity. Through your grace, teach me how to accept myself as you have made me, to see myself as you see me and to love myself as you love me.

Amen.

PROVERBS 4:23



### Thursday 8th June 2023

· NINTH WEEK OF ORDINARY TIME ·

"Yet all is not lost. Human beings, while capable of the worst, are also capable of rising above themselves, choosing again what is good, and making a new start." - Pope Francis

#### Heavenly Father,

Grant us the wisdom and ability to care for the earth you lovingly gave us. Help us to act now for the good of future generations and all your creatures. Help us to become stewards of your creation and work together to care for our common home. Amen





### Friday 9th June 2023



### Ninth week of Ordinary time

In today's world, there are so many different opportunities for young people that it can often be a struggle to figure out exactly what it is you want to do. This is an important message to remember - kindness is a quality that goes far beyond any others and will get you further in life than any qualifications!



Loving God, help us to appreciate the value of kindness. Through the example of Christ, may our lives be filled with kindness towards others and directed in selfless love for our neighbour. Amen

